

ELI Extreme Light Infrastructure Seminar

Relativistic Optics and Nuclear Photonics

Faculty of Physics, University of Warsaw

Pasteura 5, 02-093 Warszawa

Room 1.40

November 7, 2016

Programme and time schedule

10.00 *Welcome*

10.15 **Johann Rafelski** (University of Arizona, Tucson, USA)

“Fundamental Physics Acceleration Frontier”



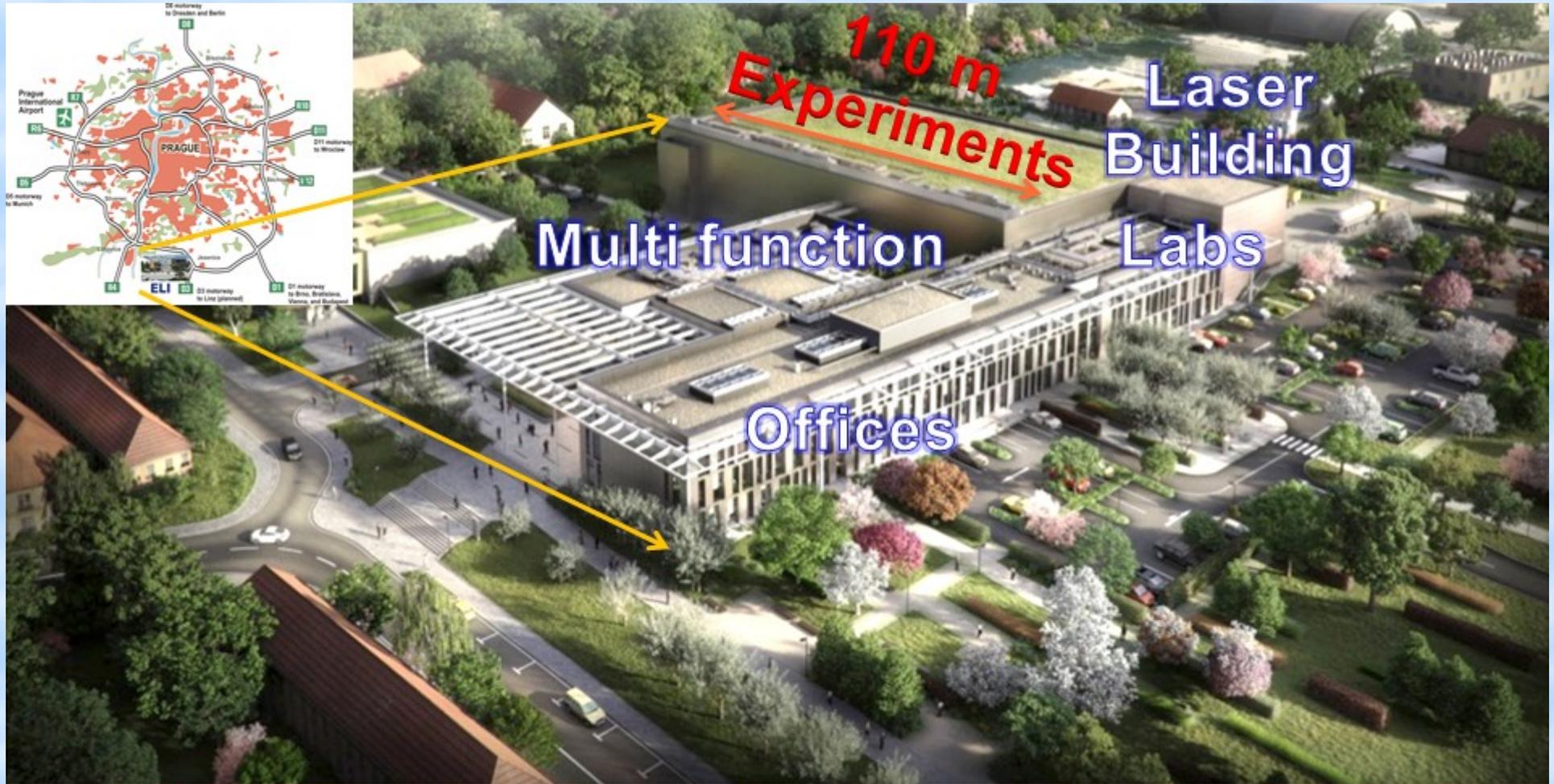
New science, unique research opportunities

ELI will comprise 4 branches:

- **Attosecond Laser Science**, which will capitalize on new regimes of time resolution (*ELI-ALPS, Szeged, HU*)
- **High-Energy Beam Facility**, responsible for development and application of ultra-short pulses of high-energy particles and radiation stemming from relativistic and later ultrarelativistic interaction (*ELI-Beamlines, Prague, CZ*)
- **Nuclear Physics Facility** with ultra-intense lasers and brilliant gamma beams (up to 19 MeV) enabling also brilliant neutron beam generation with a largely controlled variety of energies (*ELI-NP, Magurele, RO*)
- **Ultra-High-Field Science** centred on direct physics of the unprecedented laser field strength (*ELI 4, to be decided*)



High-Energy Beam Facility, responsible for development and application of ultra-short pulses of high-energy particles and radiation stemming from relativistic and later ultrarelativistic interaction

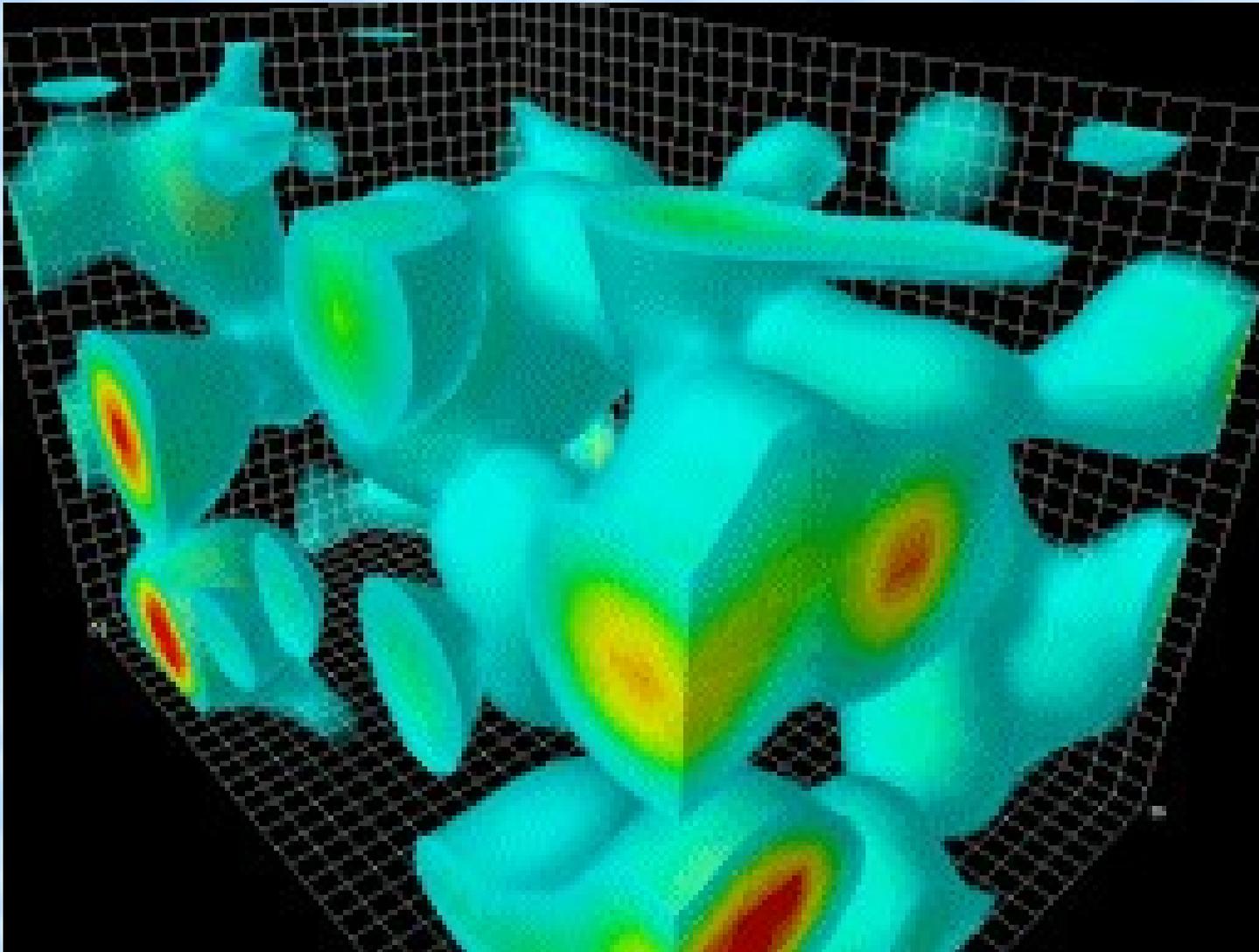


Foundational Physics Acceleration Frontier with connection between topics

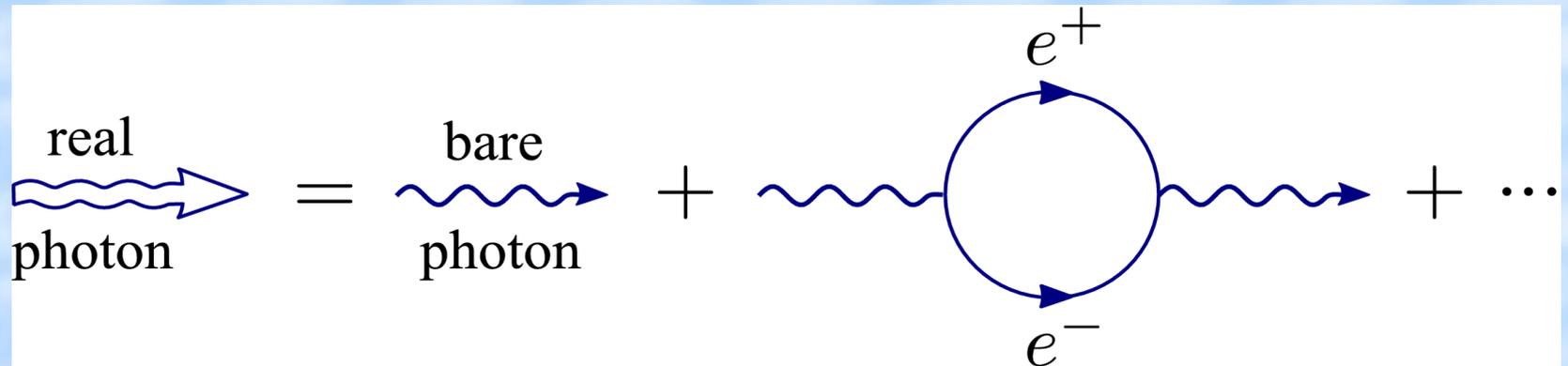
- Vacuum structure
- Supercritical fields, positron production
- Critical Fields=**Critical Acceleration**
- Experiments in regime of critical acceleration
- Radiation Reaction
- Inertia and Mach's principle
- Einstein aether = quantum vacuum

Vacuum structure

The **vacuum** is not empty



Virtual Pairs: The vacuum is a dielectric



The vacuum is a dielectric medium: a charge is screened by particle-hole (pair) excitations. In Feynman language the real photon is decomposed into a bare photon and a photon turning into a “virtual” pair. **The result: renormalized electron charge smaller than bare, Coulomb interaction stronger (0.4% effect)**

This effect has been studied in depth in atomic physics, is of particular relevance for exotic atoms where a heavy charged particle replaces an electron.

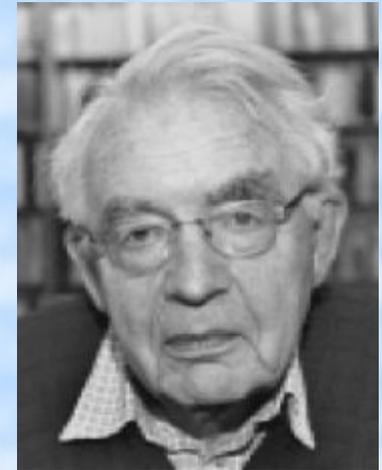
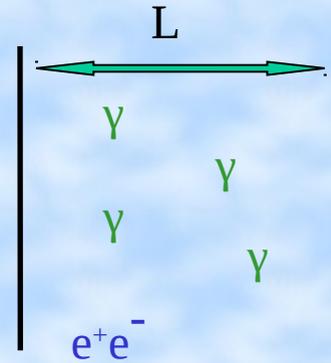
Matter Influences Vacuum

Photons fluctuations altered by matter, Casimir effect can be measured:

Attractive force between two adjacent metal plates

(Casimir force, 1948)

$$F = \frac{\pi^2}{240} \frac{\hbar c}{L^4} A$$

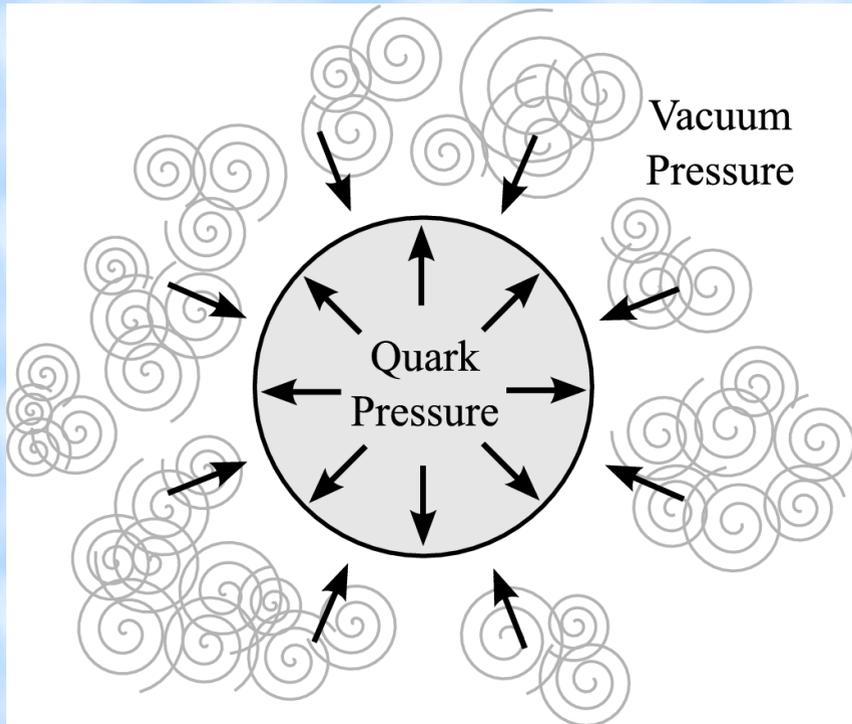


Hendrik B.G. Casimir

More fluctuations outside the plates compared to the space between: outside pressure, plates attract

NOTE: Each 'elementary' particle, each interaction adds a new element to vacuum structure.

A “naive” vacuum structure model of quark confinement in hadrons



Quarks live inside a domain where the (perturbative) vacuum is without gluon fluctuations. This outside structure wants to enter, but is kept away by quarks trying to escape.

- The model assumes that the energy density $E/V=0$ of the true vacuum is lower than the inside of a hadron.

Supercritical Fields, Positron Production



W Heisenberg

Pair production in constant fields

The sparking of the QED dielectric



J Schwinger

Effect large for Field

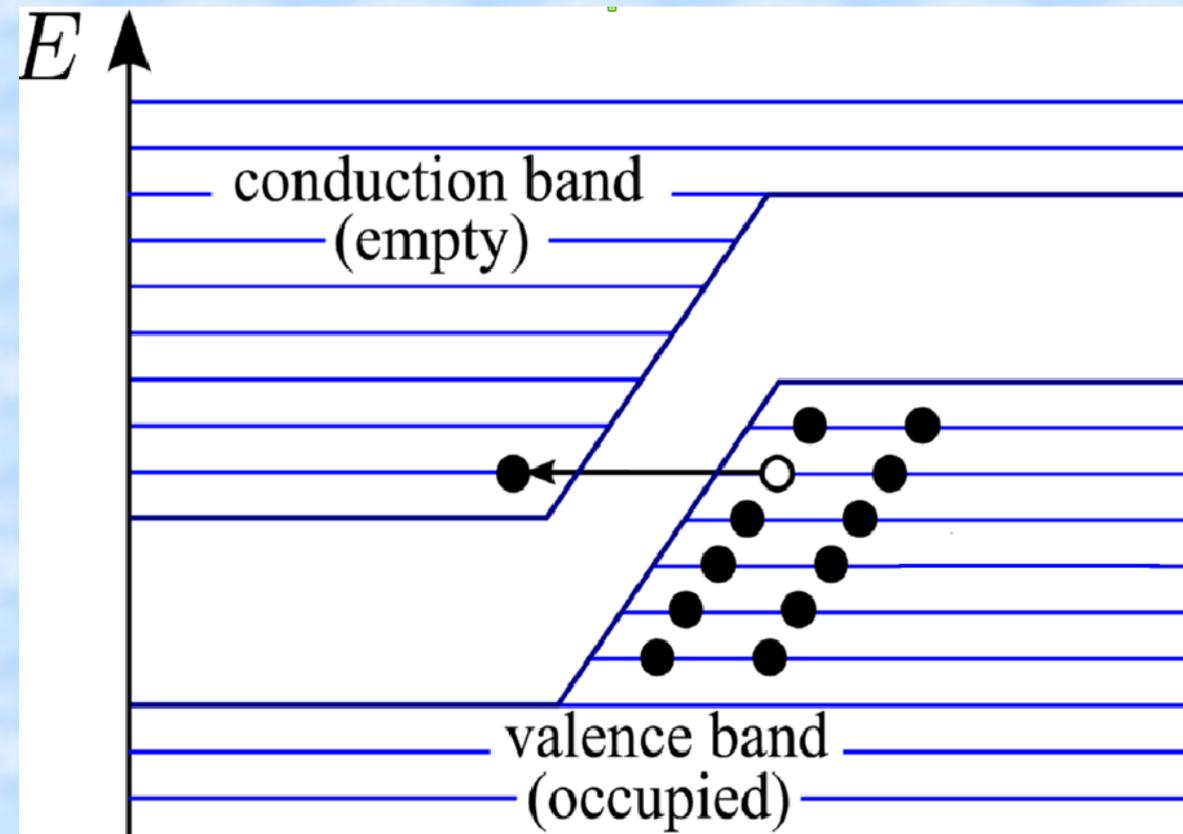
$$E_s = 1.3 \cdot 10^{16} \text{ V/cm} \quad E_s = \frac{2m_0 c^2}{eD_c} \quad \text{with } D_c = \frac{h}{m_0 c^2}$$

In laser focus this corresponds to $I_s = 2.3 \cdot 10^{29} \text{ W/cm}^2$

Probability of vacuum pair production can be evaluated in WKB description of barrier tunneling: All E-fields are unstable and can decay to particles – footnoted by Heisenberg around 1935, added into Schwinger's article as a visible after finish-point.

Relation to Klein's paradox

The Dirac equation uses energy, mass and momentum of special relativity $E^2 = p^2c^2 + m^2c^4$, taking root we find in quantum physics two energy (particle) bands

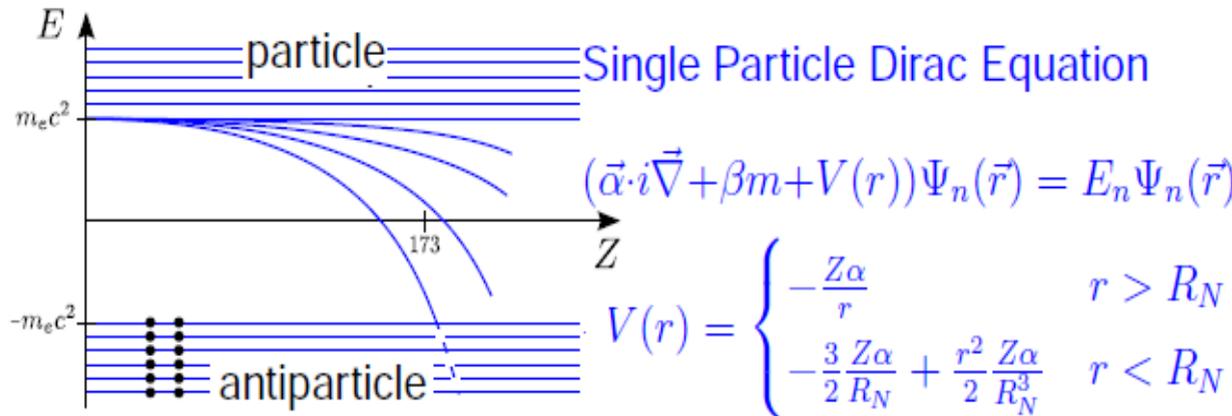


Relativistic Dirac quantum physics predicts antimatter and allows formation of pairs of particles and antiparticles.

The relativistic gap in energy reminiscent of insulators, where conductive band is above the valence (occupied) electron band

Strong Fields-seeking tests: positrons from (quasi-)superheavy elements 1971-91

(quasi)Atoms beyond $Z \simeq 100$

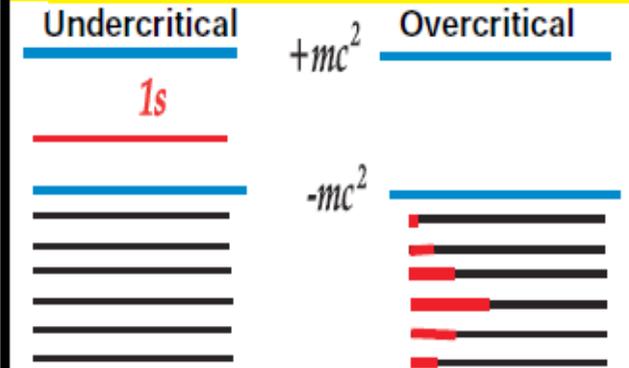


Supercritical fields

The bound states drawn from one continuum move as function of Z across into the other continuum. Mix-up of particle/antiparticle states

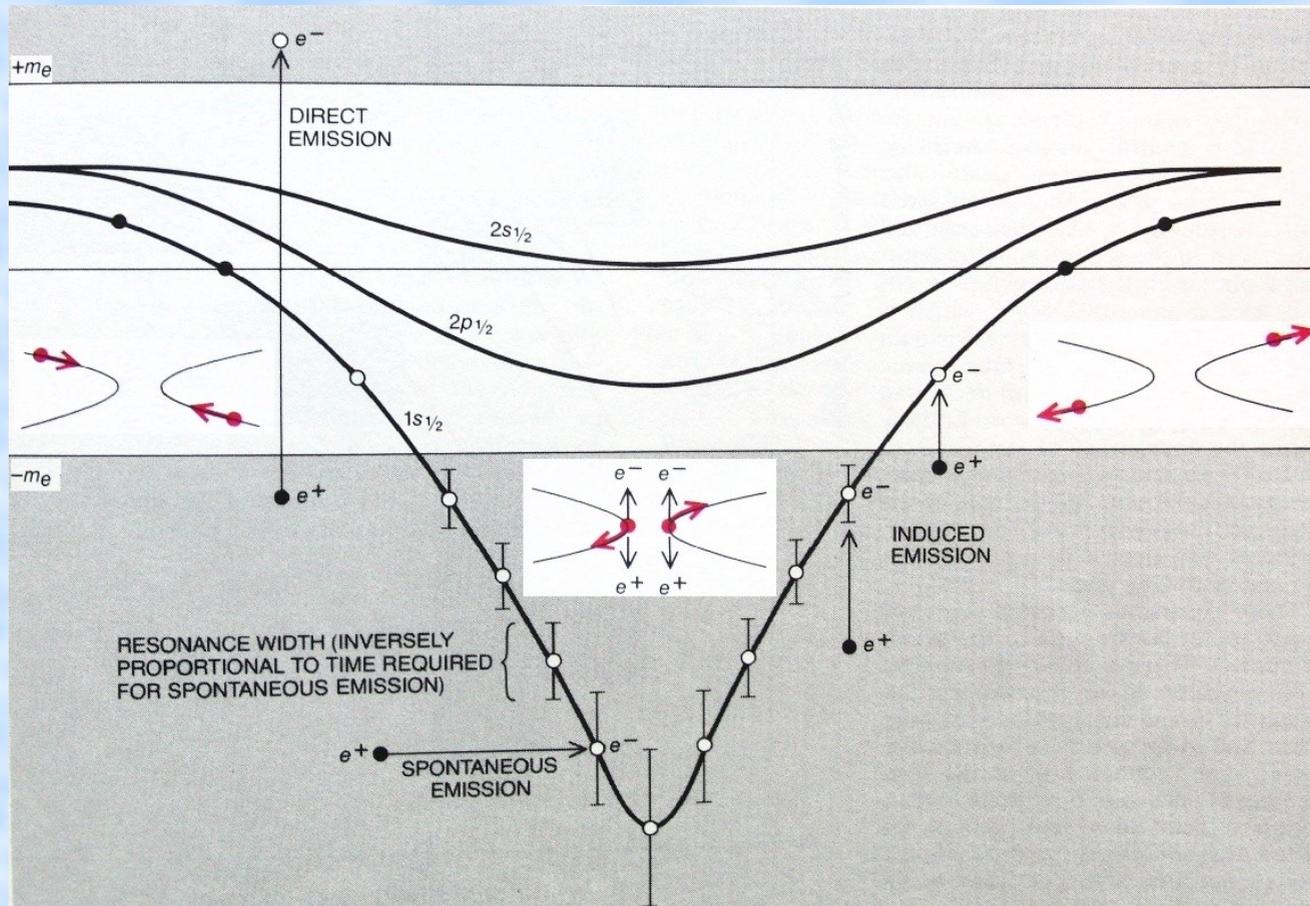
Reference: W. Greiner, B. Müller and JR ISBN 3-540-13404-2. "Quantum Electrodynamics of Strong Fields," (Springer Texts and Monographs in Physics, 1985),

Decay of the Vacuum



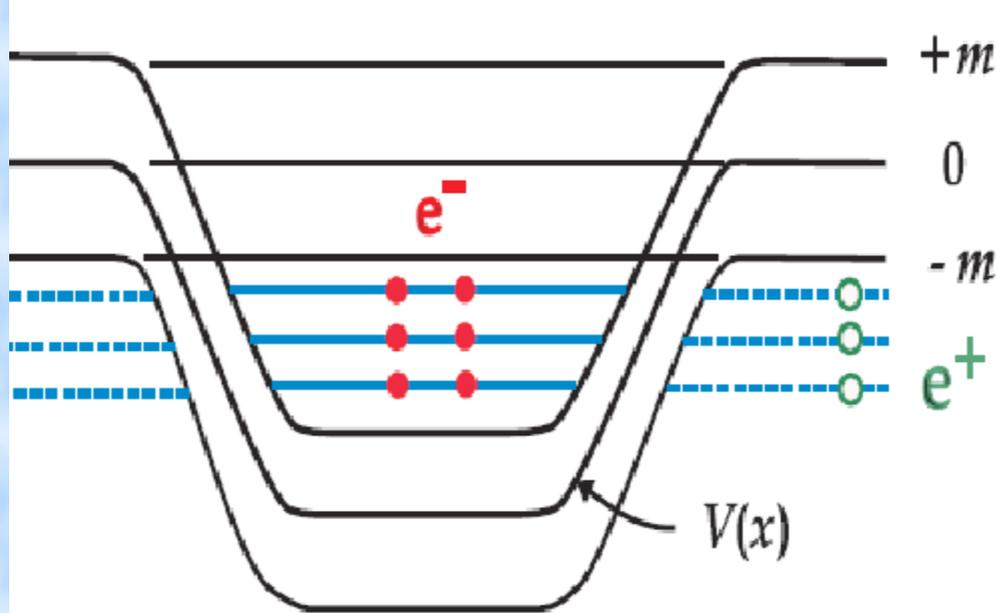
If diving state 'empty' vacuum decays
 $|Q = 0\rangle \rightarrow |Q = e\rangle + e^+$ by positron
 state occupied by an electron, 'smooth' transition of charge distribution

Experimental Realization: Heavy Ion collision



A new structured stable local vacuum state

New Stable Ground State: The Charged Vacuum



There is localized charge density in the vacuum, not a particle of sharp energy. Formation of the charged vacuum ground state observable by positron emission: which fills any vacancies among 'dived' states in the localized domain.

Speed of decay of false vacuum controlled by (Heisenberg-Schwinger) field strength.

Critical Fields=Critical Acceleration

Critical Fields=

Critical Acceleration

An electron in presence of the critical 'Schwinger' (Vacuum Instability) field strength of magnitude:

$$E_s = \frac{m_e^2 c^3}{e \hbar} = 1.323 \times 10^{18} \text{ V/m}$$

is subject to critical natural unit = 1 acceleration:

$$a_c = \frac{m_e c^3}{\hbar} \rightarrow 2.331 \times 10^{29} \text{ m/s}^2$$

Truly dimensionless unit acceleration arises when we introduce specific acceleration

$$\aleph = \frac{a_c}{mc^2} = \frac{c}{\hbar}$$

Specific unit acceleration arises in Newton gravity at Planck length distance: $\aleph_G \equiv G/L_p^2 = c/\hbar$ at $L_p = \sqrt{\hbar G/c}$.

In the presence of sufficiently strong electric field E_s by virtue of the equivalence principle, electrons are subject to Planck 'critical' force.

Planck units



$$h/k_B = a = 0.4818 \cdot 10^{-10} [\text{sec} \times \text{Celsiusgrad}]$$

$$h = b = 6.885 \cdot 10^{-27} \left[\frac{\text{cm}^2 \text{gr}}{\text{sec}} \right]$$

$$c = c = 3.00 \cdot 10^{10} \left[\frac{\text{cm}}{\text{sec}} \right]$$

$$G = f = 6.685 \cdot 10^{-8} \left[\frac{\text{cm}^3}{\text{gr} \cdot \text{sec}^2} \right]^1$$

Wählt man nun die »natürlichen Einheiten« so, dass in dem neuen Maasssystem jede der vorstehenden vier Constanten den Werth 1 annimmt, so erhält man als Einheit der Länge die Grösse:

$$\sqrt{2\pi} L_{\text{Pl}} = \sqrt{\frac{bf}{c^3}} = 4.13 \cdot 10^{-33} \text{ cm}, \mapsto \sqrt{2\pi} 1.62 \times 10^{-33} \text{ cm}$$

als Einheit der Masse:

$$\sqrt{2\pi} M_{\text{Pl}} = \sqrt{\frac{bc}{f}} = 5.56 \cdot 10^{-5} \text{ gr}, \mapsto \sqrt{2\pi} 2.18 \times 10^{-5} \text{ g}$$

als Einheit der Zeit:

$$\sqrt{2\pi} t_{\text{Pl}} = \sqrt{\frac{bf}{c^3}} = 1.38 \cdot 10^{-43} \text{ sec}, \mapsto \sqrt{2\pi} 5.40 \times 10^{-44} \text{ s}$$

als Einheit der Temperatur:

$$\sqrt{2\pi} T_{\text{Pl}} = a \sqrt{\frac{c^3}{bf}} = 3.50 \cdot 10^{32} \text{ Cels}, \mapsto \sqrt{2\pi} 1.42 \times 10^{32} \text{ K}$$

Diese Grössen behalten ihre natürliche Bedeutung so lange bei, als die Gesetze der Gravitation, der Lichtfortpflanzung im Vacuum und die beiden Hauptsätze der Wärmetheorie in Gültigkeit bleiben, sie müssen also, von den verschiedensten Intelligenzen nach den verschiedensten Methoden gemessen, sich immer wieder als die nämlichen ergeben.

"These scales retain their natural meaning as long as the law of gravitation, the velocity of light in vacuum and the central equations of thermodynamics remain valid, and therefore they must always arise, among different intelligences employing different means of measuring." M. Planck, "Über irreversible Strahlungsvorgänge." *Sitzungsberichte der Königlich Preussischen Akademie der Wissenschaften zu Berlin* 5, 440-480 (1899), (last page)

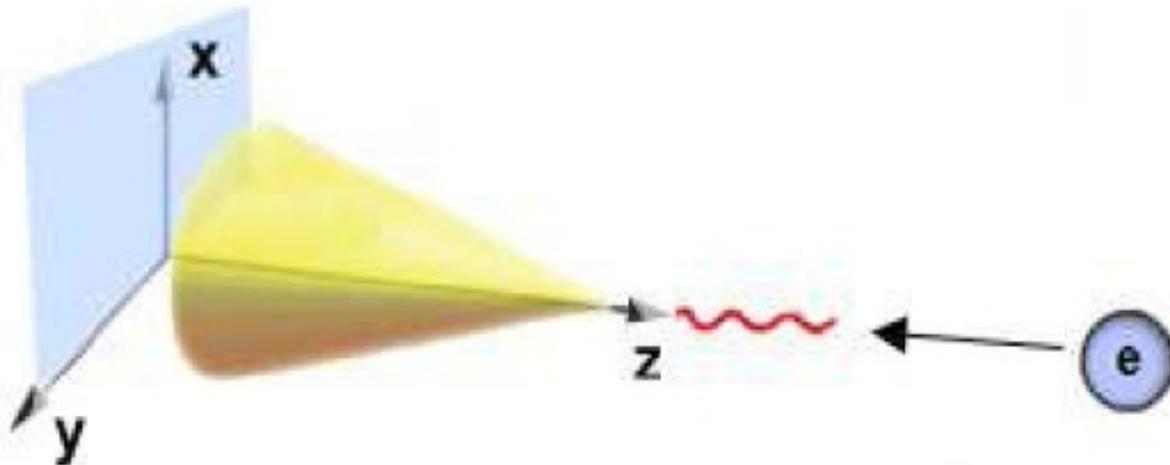
Experiments in regime of critical acceleration

Probing super-critical (Planck) acceleration

$$a_c = 1 (\rightarrow m_e c^3 / \hbar = 2.331 \times 10^{29} \text{ m/s}^2)$$

Plan A: Directly laser accelerate electrons from rest, requires Schwinger scale field and may not be realizable – backreaction and far beyond today's laser pulse intensity technology.

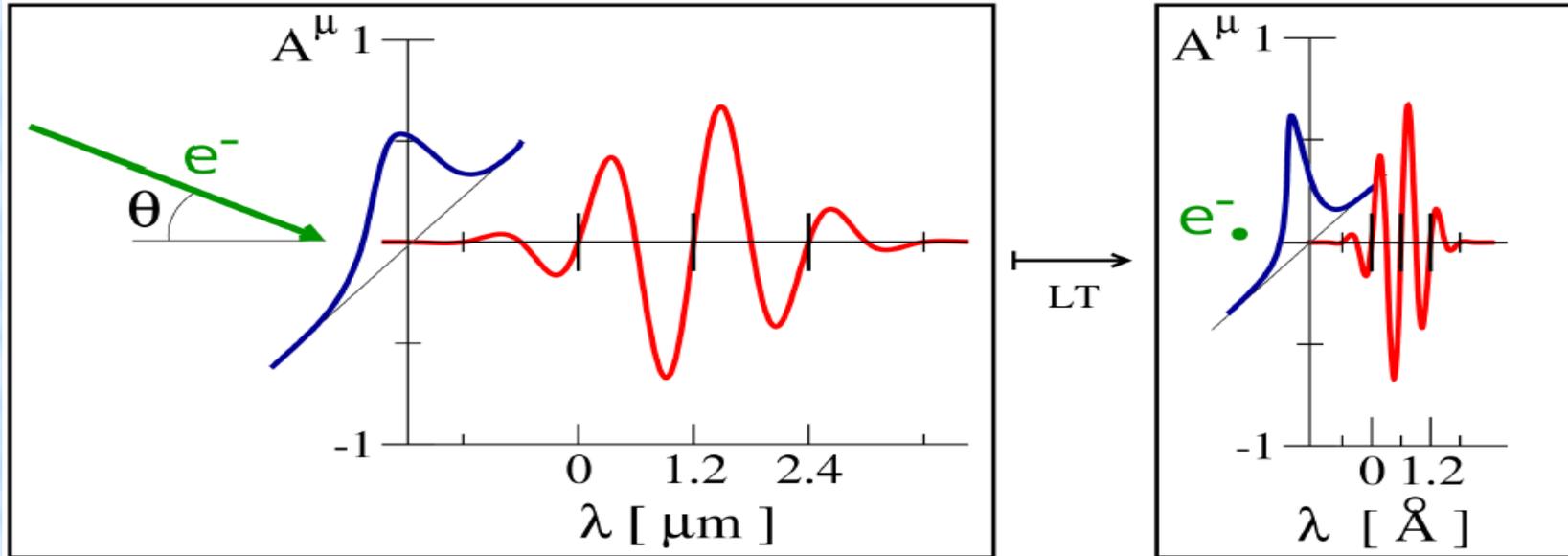
Plan B: Ultra-relativistic Lorentz-boost: we collide counter-propagating electron and laser pulse.



Puls Lorentz Transform (LT)

Relativistic electron-laser pulse collision

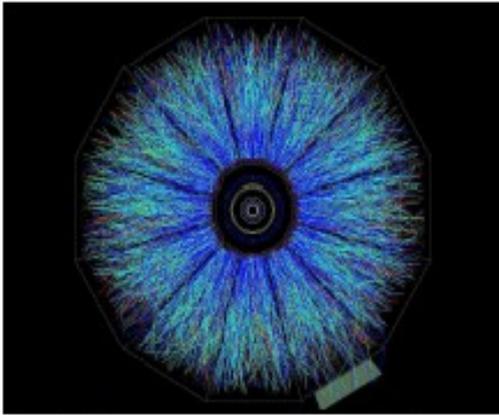
$u^\beta = \gamma(1, \vec{v}) \rightarrow$ In electron's rest frame: $u'_\beta = (1, \vec{0})$



Doppler shift: $\omega' = \gamma(1 + \vec{n} \cdot \vec{v})\omega$

Unit acceleration condition: $a_0 \frac{\omega'}{m_e} \simeq 2\gamma a_0 \frac{\omega}{m_e} \rightarrow 1$

Critical acceleration probably achieved at RHIC



Two nuclei smashed into each other from two sides: components 'partons' can be stopped in CM frame within $\Delta\tau \simeq 1$ fm/c. Tracks show multitude of particles produced, as observed at RHIC (BNL).

- The acceleration a achieved to stop some/any of the components of the colliding nuclei in CM: $a \simeq \frac{\Delta y}{M_i \Delta\tau}$. Full stopping: $\Delta y_{\text{SPS}} = 2.9$, and $\Delta y_{\text{RHIC}} = 5.4$. Considering constituent quark masses $M_i \simeq M_N/3 \simeq 310$ MeV we need $\Delta\tau_{\text{SPS}} < 1.8$ fm/c and $\Delta\tau_{\text{RHIC}} < 3.4$ fm/c to exceed a_c .
- Observed unexplained soft electromagnetic radiation in hadron reactions *A. Belognni et al. [WA91 Collaboration], "Confirmation of a soft photon signal in excess of QED expectations in π - p interactions at 280-GeV/c," Phys. Lett. B **408**, 487 (1997)*

Melt the vacuum

- $T < \sim 10^3 \text{ K}$ → molecules intact
 $T > \sim 10^3 \text{ K}$ (0.1 eV) → molecular dissociation
- $T < \sim 10^4 \text{ K}$ → atoms intact
 $T > \sim 10^4 \text{ K}$ (1 eV) → atomic ionization, plasma formation
- $T < \sim 10^9 \text{ K}$ → nuclei intact
 $T > \sim 10^9 \text{ K}$ (0.1 MeV) → nuclear reactions
- $T < \sim 10^{12} \text{ K}$ → protons intact
 $T > \sim 10^{12} \text{ K}$ (160 MeV) → vacuum melts, quarks free
- $T < \sim 10^{15} \text{ K}$ → electromagnetic and weak interactions separate
 $T > \sim 10^{15} \text{ K}$ (160 GeV) → Higgs vacuum melts, all quarks massless

Radiation Reaction

Strong Field Unsolved Problem Radiation-Acceleration-Reaction

Conventional Lorentz-Electromagnetic force is **incomplete**: accelerated charged particles can radiate: “radiation friction” instability – some acceleration produces friction slowdown, produces more slowdown etc. Need acceleration that is not negligible to explore the physics of radiation friction. Problem known for 115 years.

Microscopic justification in current theory (LAD)

- 1) **Inertial Force = Lorentz-force with friction** - > get world line of particles=source of fields
- 2) **Source of Fields = Maxwell fields** - > get fields, and **omit** radiated fields
- 3) **Fields fix Lorentz force with friction -> go to 1.**

So long as the radiated fields are small, we can modify the Lorentz Force to account for radiated field back reaction. The “Lorentz-Abraham-Dirac (LAD)” patch is fundamentally inconsistent, and does not follow from an action principle. Many other patches exist, some modifying inertia, others field part of Lorentz force - it introduces a nonlinear and partially nonlocal Lorentz-type force. **No action principle is known**

Sample of proposed LAD extensions

LAD	$m\mathbf{u}^\alpha = q\mathbf{F}^{\alpha\beta}\mathbf{u}_\beta + m\tau_0 \left[\ddot{u}^\alpha + u^\beta \ddot{u}_\beta u^\alpha \right]$
Landau-Lifshitz	$m\mathbf{u}^\alpha = q\mathbf{F}^{\alpha\beta}\mathbf{u}_\beta + q\tau_0 \left\{ F_{,\gamma}^{\alpha\beta} u_\beta u^\gamma + \frac{q}{m} \left[F^{\alpha\beta} F_{\beta\gamma} u^\gamma - (u_\gamma F^{\gamma\beta})(F_{\beta\delta} u^\delta) u^\alpha \right] \right\}$
Caldirola	$\mathbf{0} = q\mathbf{F}^{\alpha\beta}(\tau)\mathbf{u}_\beta(\tau) + \frac{m}{2\tau_0} \left[u^\alpha(\tau - 2\tau_0) - u^\alpha(\tau)u_\beta(\tau)u^\beta(\tau - 2\tau_0) \right]$
Mo-Papas	$m\mathbf{u}^\alpha = q\mathbf{F}^{\alpha\beta}\mathbf{u}_\beta + q\tau_0 \left[F^{\alpha\beta}\dot{u}_\beta + F^{\beta\gamma}\dot{u}_\beta u_\gamma u^\alpha \right]$
Eliezer	$m\mathbf{u}^\alpha = q\mathbf{F}^{\alpha\beta}\mathbf{u}_\beta + q\tau_0 \left[F_{,\gamma}^{\alpha\beta} u_\beta u^\gamma + F^{\alpha\beta}\dot{u}_\beta - F^{\beta\gamma} u_\beta \dot{u}_\gamma u^\alpha \right]$
Caldirola-Yaghjian	$m\mathbf{u}^\alpha = q\mathbf{F}^{\alpha\beta}(\tau)\mathbf{u}_\beta(\tau) + \frac{m}{\tau_0} \left[u^\alpha(\tau - \tau_0) - u^\alpha(\tau)u_\beta(\tau)u^\beta(\tau - \tau_0) \right]$

P. A. M. Dirac, "Classical theory of radiating electrons," Proc. Roy. Soc. Lond. A **167**, 148 (1938)

L. D. Landau and E. M. Lifshitz, "The Classical theory of Fields," *Oxford: Pergamon (1962)* 354p.

P. Caldirola, "A Relativistic Theory of the Classical Electron," Riv. Nuovo Cim. **2N13**, 1 (1979).

T. C. Mo and C. H. Papas, "A New Equation Of Motion For Classical Charged Particles,"

Izv. Akad. Nauk Arm. SSR Fiz. **5**, 402 (1970)

C. Eliezer, "On the classical theory of particles" Proc. Roy. Soc. Lond. A **194**, 543 (1948).

A. D. Yaghjian, "Relativistic Dynamics of a Charged Sphere,"

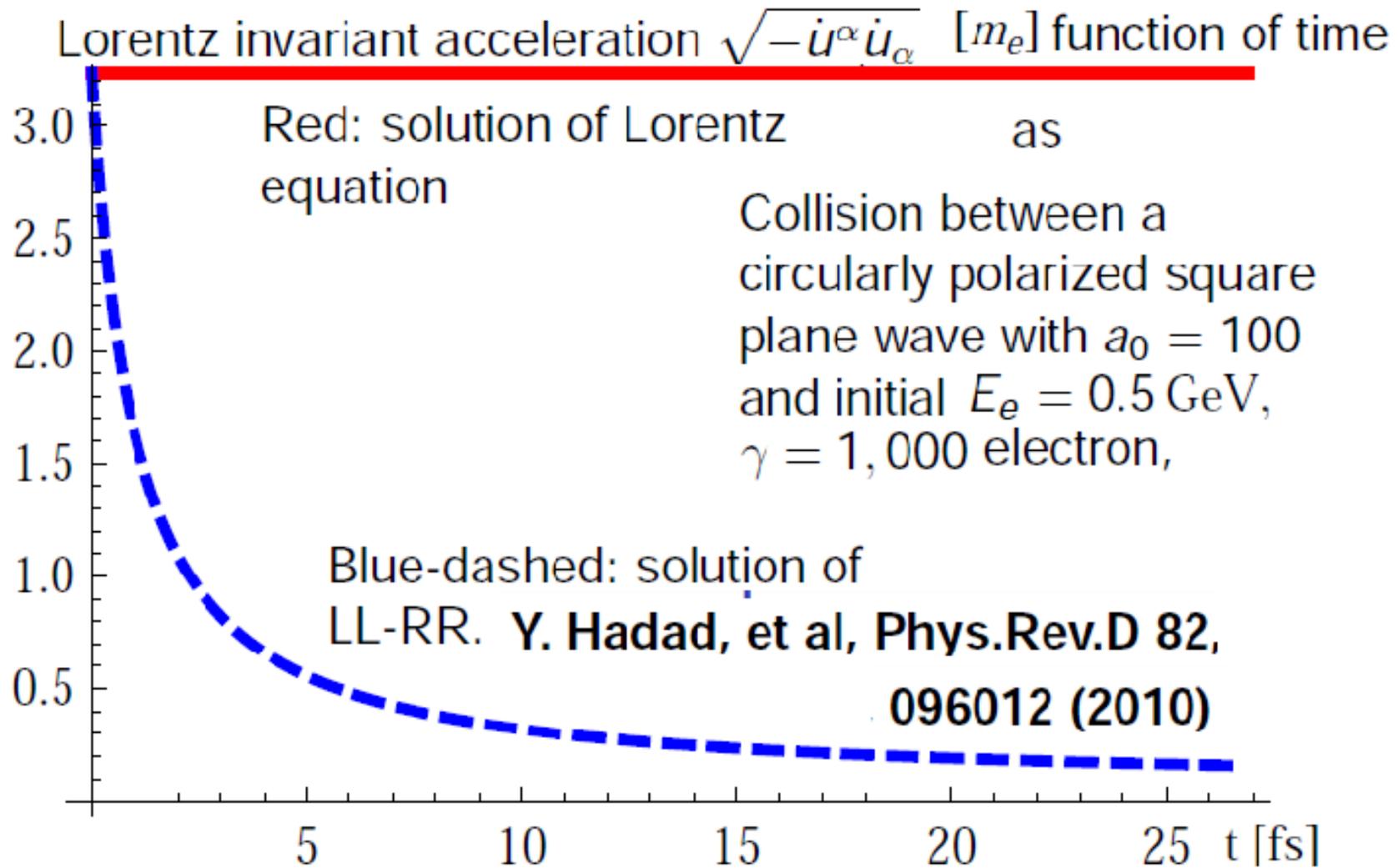
Lecture Notes in Physics, Springer-Verlag, Berlin (1992) 152p.

Other recent references

H. Spohn, *Dynamics of charged particles and their radiation field*, (CUP, Cambridge, UK 2004, ISBN 0521836972)

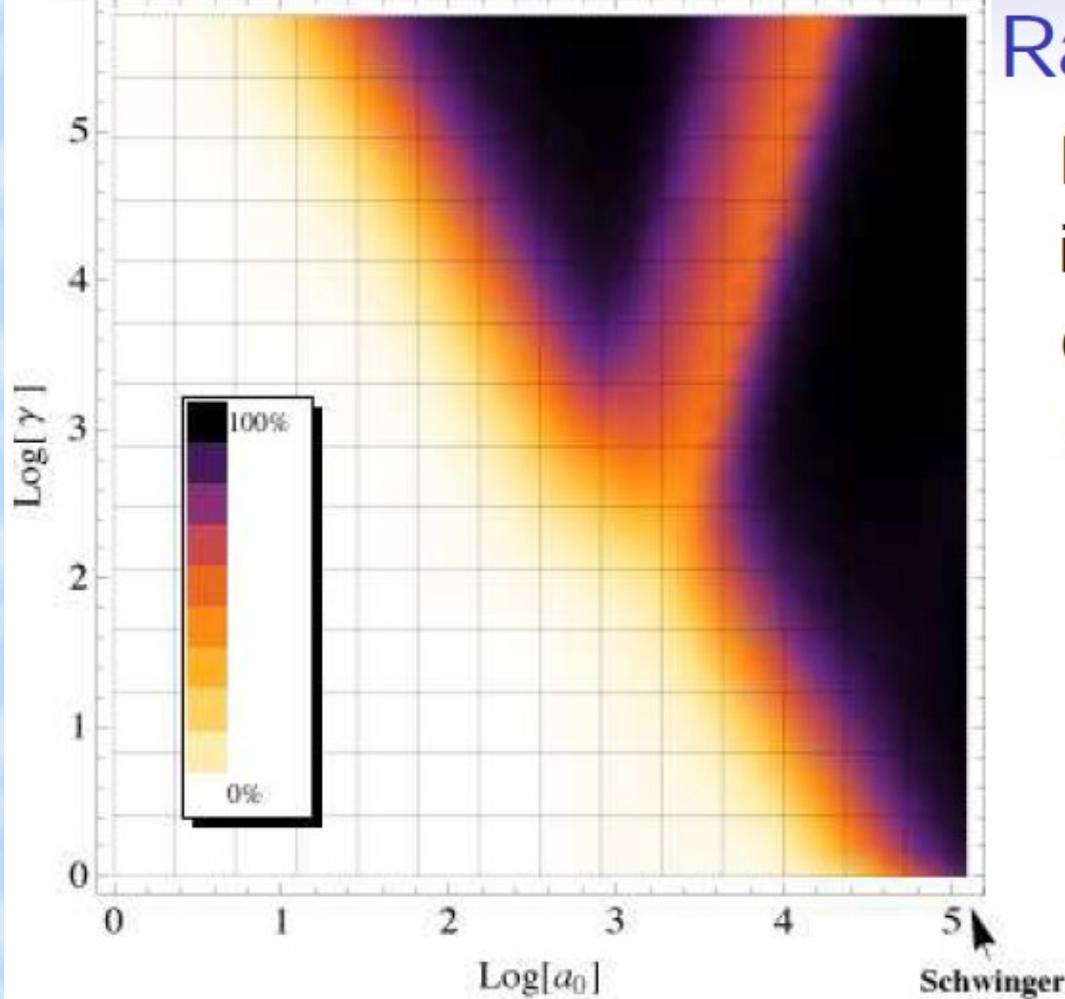
F. Rohrlich, "Dynamics of a charged particle" Phys. Rev. E **77**, 046609 (2008)

Example: Electron de-acceleration by a pulse

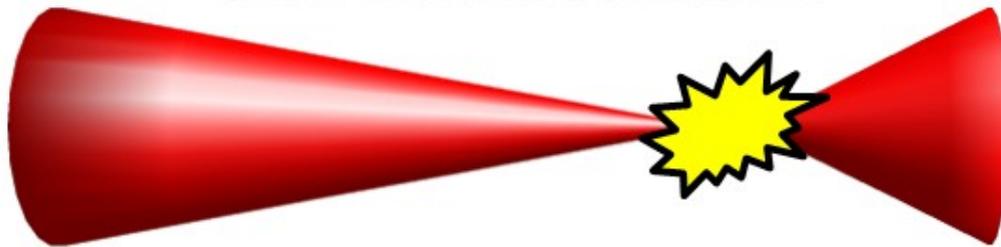


Radiation reaction regime

Deviations from Lorentz force impact significantly Lorentz dynamics in dark shaded area of the γ, a_0 plane

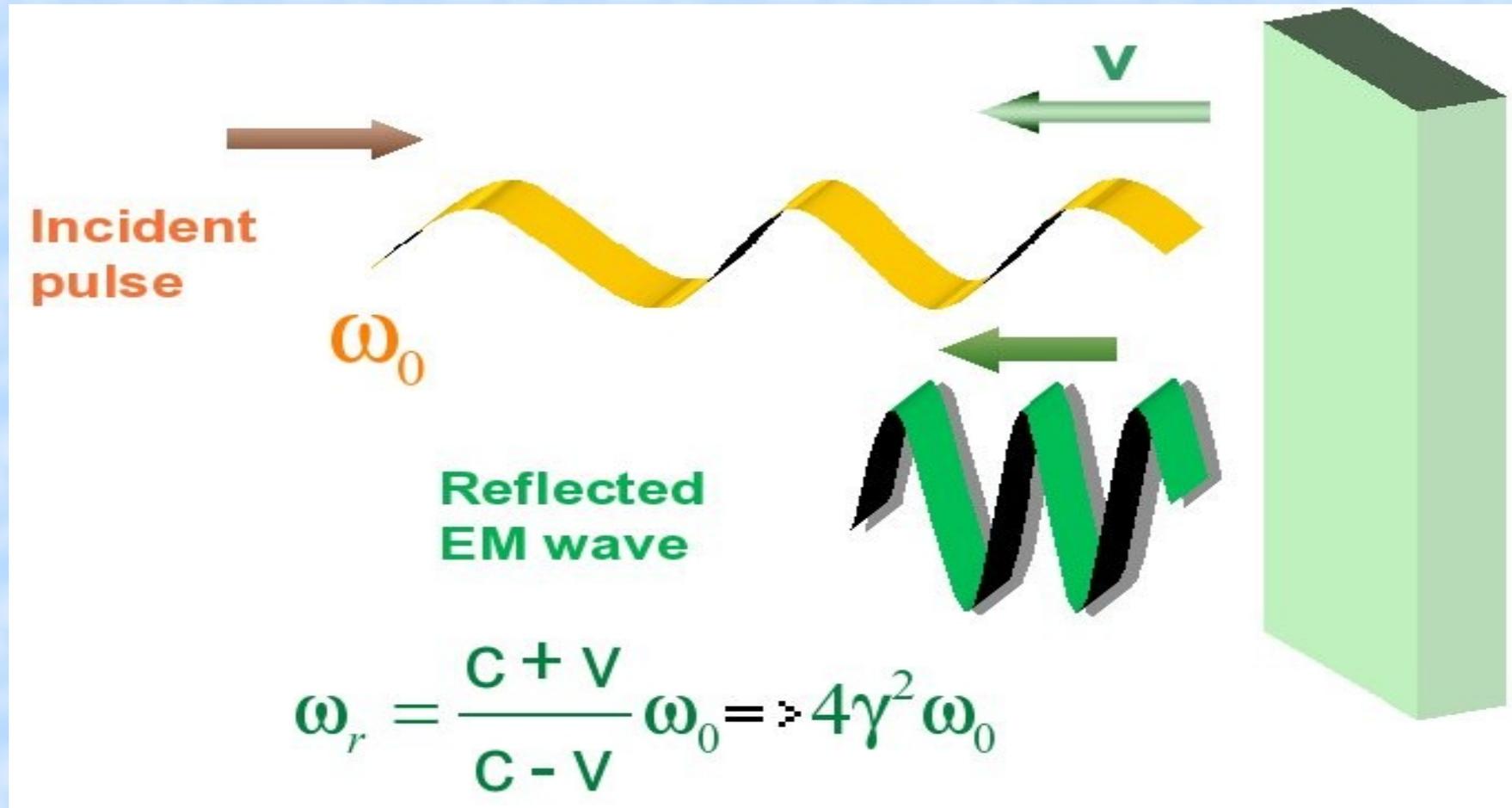


Laser-Electron COLLIDER



	Electron	Laser	X/Gamma
Energy	.1 – 5 GeV	J and kJoule	MeV
Duration	1-10 fs	20 – 150 fs	10 – 1000 fs
Rep.rate	10Hz	10Hz	10Hz

Moving foil-electron cloud: Coherent backscattering



Inertia and Mach's principle



Ernst Mach
1838-1916

Inertia & Mach's Principle

Measurement of **(strong) acceleration** requires a Reference frame: what was once the set of fixed stars in the sky is today CMB photon freeze-out reference frame. To be consistent with special relativity: all inertial observers with respect to CMB form an equivalence class, **we measure acceleration with reference to the CMB inertial frame.**

In Einstein's gravity reference frame provided by metric. However, there is no "acceleration", a dust of gravitating particles is in free fall. Only in presence of a rigid body created by quantum physics combined with EM force, Mach's principle a concern, and we are lead to remember the "aether".

... with the new theory of electrodynamics we are rather forced to have an aether. – P.A.M. Dirac, 'Is There an Aether?,' Nature, v.168, 1951, p.906.

Einstein aether = quantum vacuum

Four elements and the aether



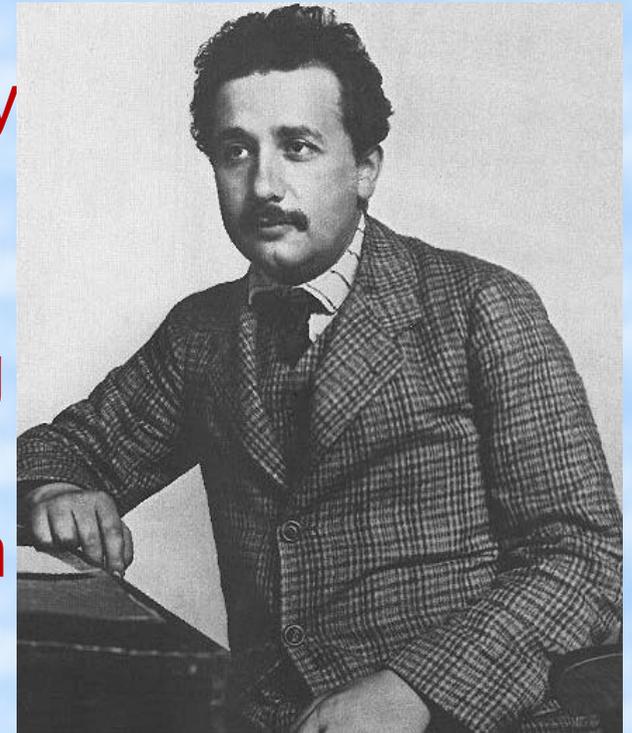
- The word aether in Homeric Greek means "pure, fresh air" or "clear sky", pure essence where the gods lived and which they breathed. The aether was believed in ancient and medieval science to be the substance that filled the region of the universe above the terrestrial sphere.

Fire:=energy; Air:=gas phase; Water:=liquid phase; Earth:=solid phase; Aether=vacuum

Aether returns 1919/20

General Relativity and Cosmology: gravity as space-time geometry, time has a beginning
Gravity metric is the new aether

Einstein 1920: “But this aether may not be thought of as endowed with the quality characteristic of ponderable media, as consisting of parts which may be tracked through time. The idea of motion may not be applied to it.”



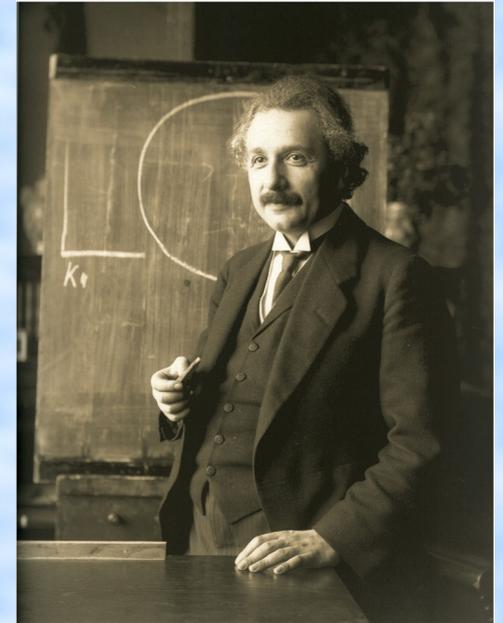
How can the laws of physics be known in all Universe?

“Recapitulating, we may say that according to the general theory of relativity space is endowed with physical qualities; in this sense, therefore, there exists an aether”

“According to the general theory of relativity space without aether is unthinkable; for in such space there not only would be no propagation of light, but also no possibility of existence for standards of space and time (measuring-rods and clocks), nor therefore any space-time intervals in the physical sense.”

TODAY: The laws of physics are encoded in quantum vacuum structure

UW 7 XI 2016 JR



Albert Einstein,
*Ather und die
Relativitaetstheorie*
(Berlin, 1920):

To resolve inconsistencies: we need to formulate a NEW “large acceleration” theory of electro-magnetism, comprising Mach’s principle, and challenging understanding of inertia.

THEORY Question: How to achieve that charged particles when accelerated radiate in self-consistent field – and we need EM theory with Mach principle accounted for (gravity, quantum physics=zero acceleration theories)!

EXPERIMENT: strong acceleration required. What is strong: unit acceleration=Heisenberg-Schwinger Field

Is there a limit to how fast we can accelerate electrons to ultra high energy? Example of early Model: Born-Infeld electromagnetism/

Can the empty space remain transparent to a plane wave of arbitrary intensity? And why? **Perfect translational symmetry required.**

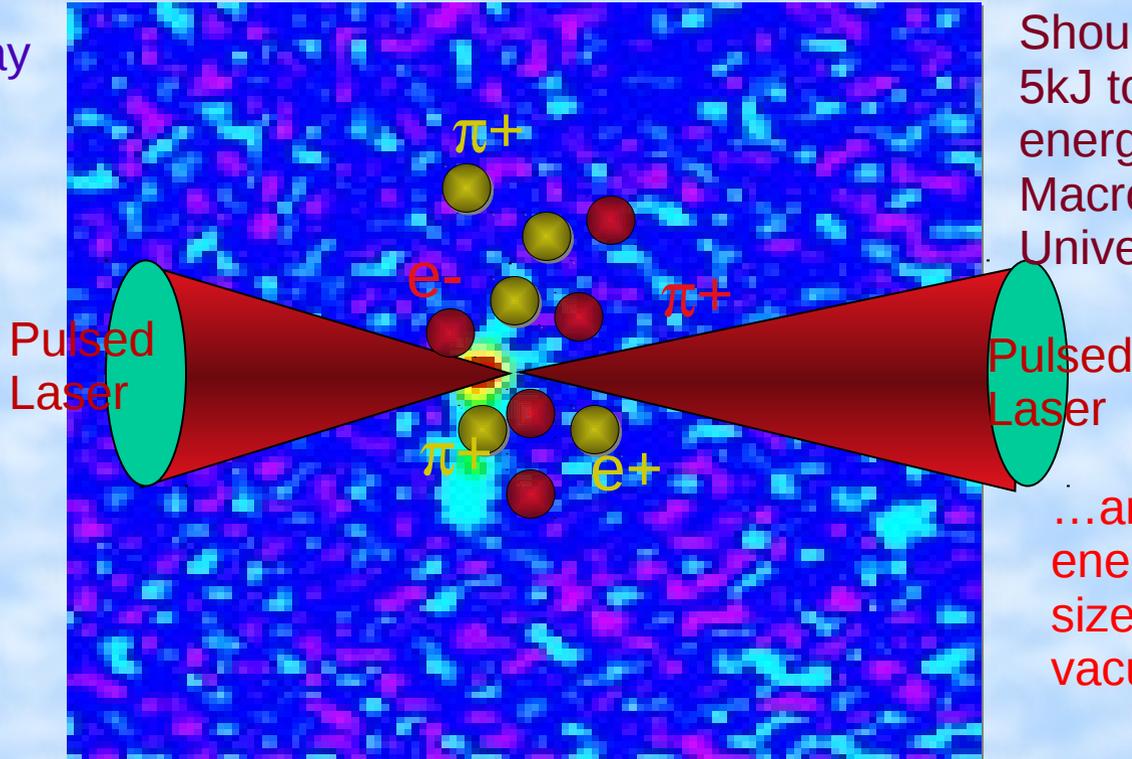
Summary: A new path to probing space time

The new idea is to collide kJ pulses with themselves or with particles, with light intense enough to crack the vacuum

On the way
we can
study
nonlinear
QED

Pair e^+e^-
production

EM fields
polarize
quarks in
QCD
vacuum



Should we be able to focus of
5kJ to 10% atom size we reach
energy density of QGP.
Macroscopic domain of early
Universe

...and if we get that
energy into proton
sized volume the Higgs
vacuum will melt

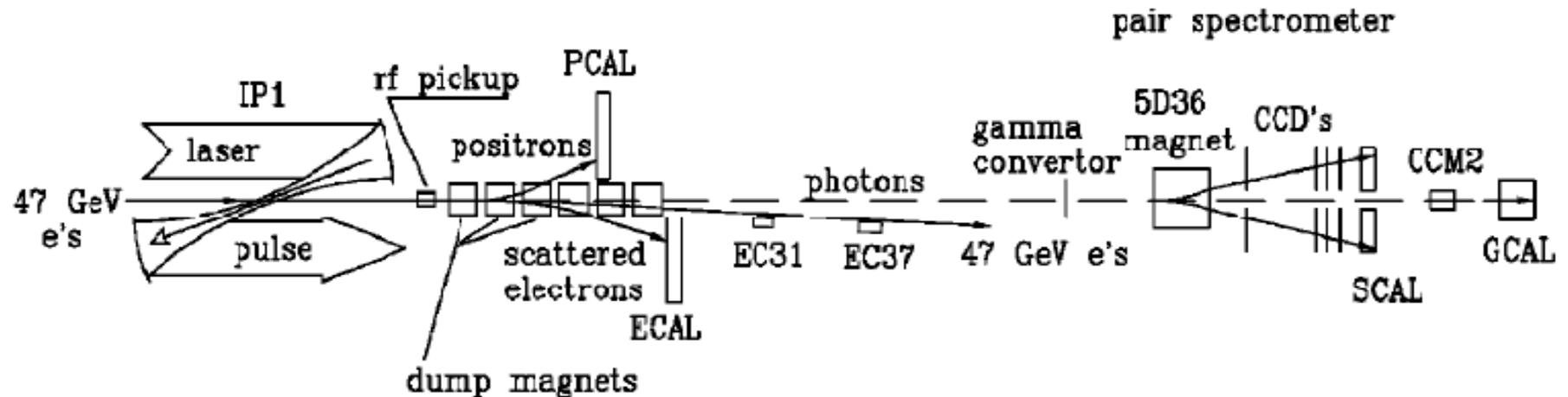
EXTRA SLIDES

SLAC'95 experiment below critical acceleration

$$p_e^0 = 46.6 \text{ GeV}; \text{ in } 1996/7 \ a_0 = 0.4, \quad \left| \frac{du^\alpha}{d\tau} \right| = .073[m_e] \text{ (Peak)}$$

Multi-photon processes observed:

- Nonlinear Compton scattering
- Breit-Wheeler electron-positron pairs



- **D. L. Burke** *et al.*, "Positron production in multiphoton light-by-light scattering," *Phys. Rev. Lett.* **79**, 1626 (1997)
- **C. Bamber** *et al.*, "Studies of nonlinear QED in collisions of 46.6 GeV electrons with intense laser pulses" *Phys. Rev. D* **60**, 092004 (1999).

Relativity changes the quantum world:

Paul Dirac - St Maurice, VS

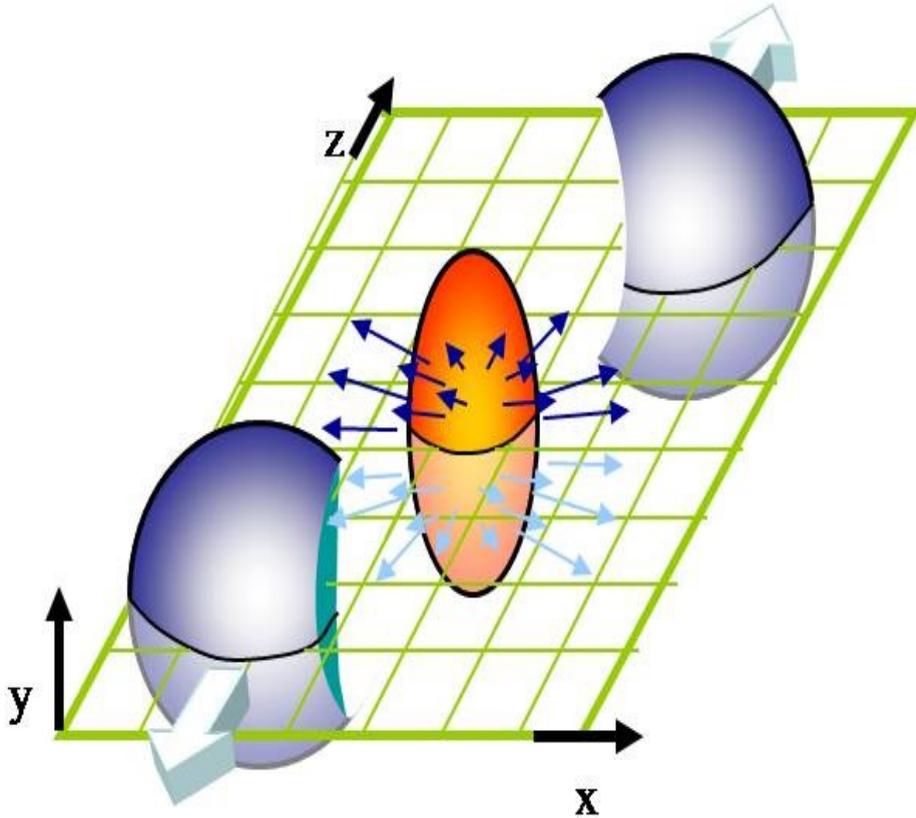


Old tools: Visible from space

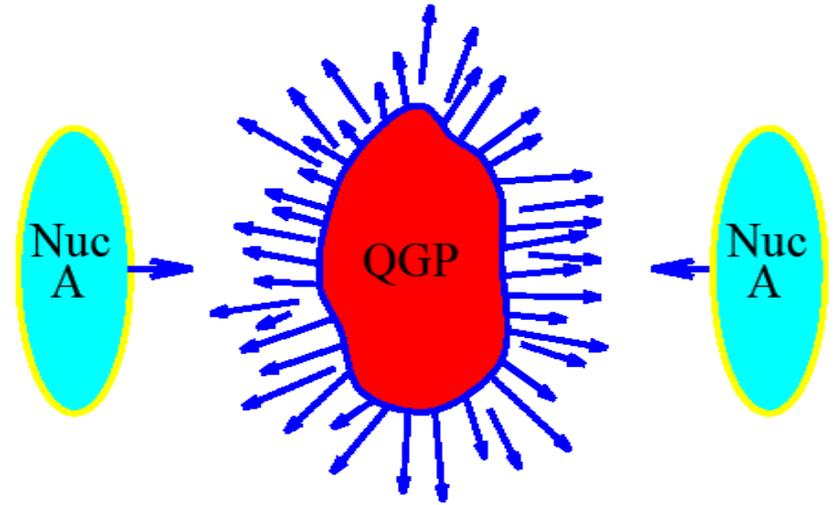


Melting the QCD vacuum

Nuclear Collisions at
Relativistic energy $E \gg Mc^2$



Micro-Bang



Big-Bang

$$\tau \approx 10 \mu\text{s}$$

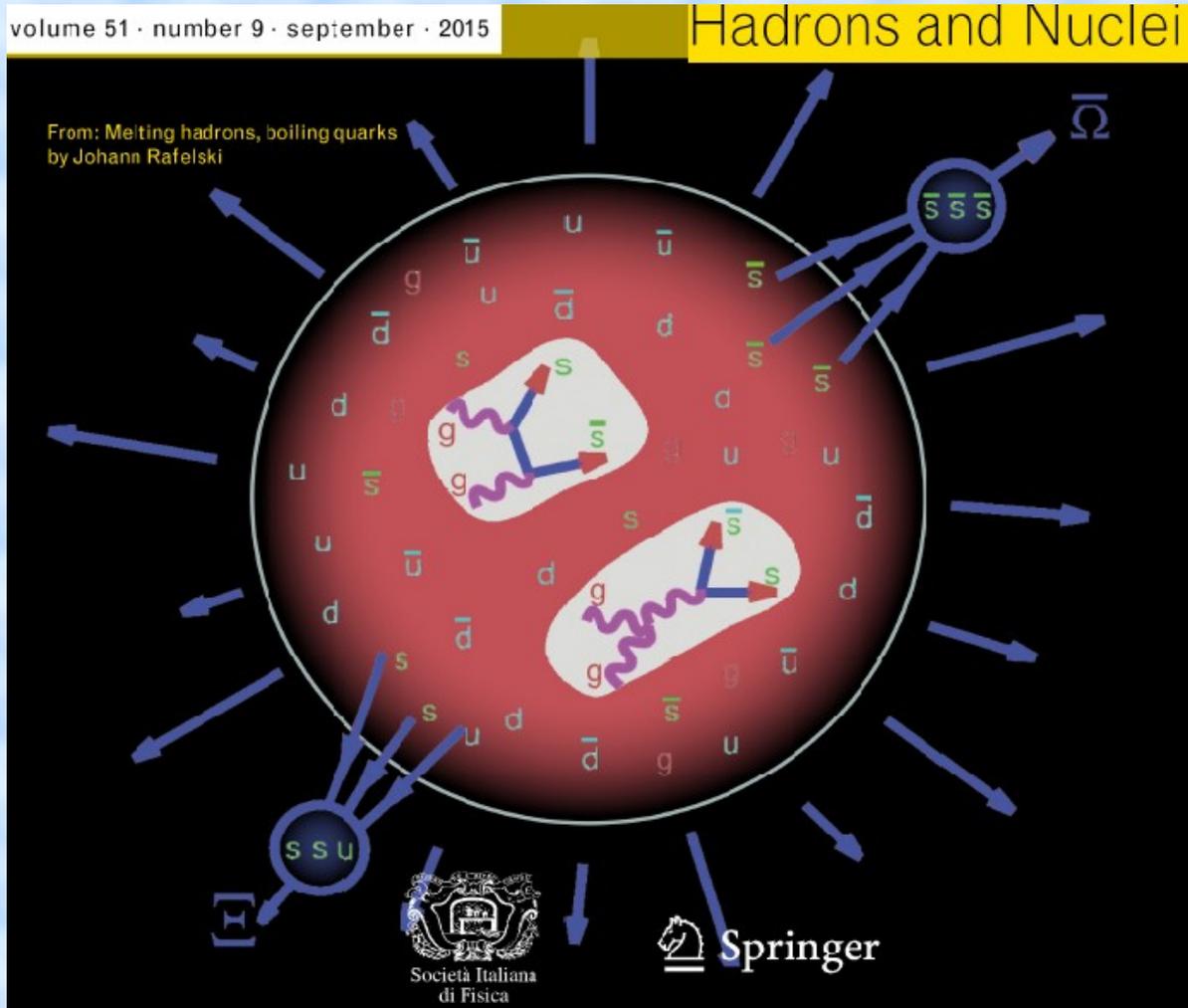
$$N_b / N \approx 10^{-10}$$

Micro-Bang

$$\tau \approx 4 \cdot 10^{-23} \text{s}$$

$$N_b / N \approx 0.1$$

Strangeness Signature of QGP



Origin of forces and nature of mass stability of matter

Origin of Forces and Nature of Mass, Stability of Matter

- “Elementary” masses are generated by the vacuum. Two dominant mechanisms:
- Higgs vacuum: $\langle H \rangle = 246 \text{ GeV}$; scale of mass for W, Z; contributes to matter particle mass, all of heavy quark mass
- QCD vacuum latent heat at the level of $\langle EV_p \rangle = 0.3 \text{ GeV} =:$ nuclear mass scale, quarks get mass and are confined.

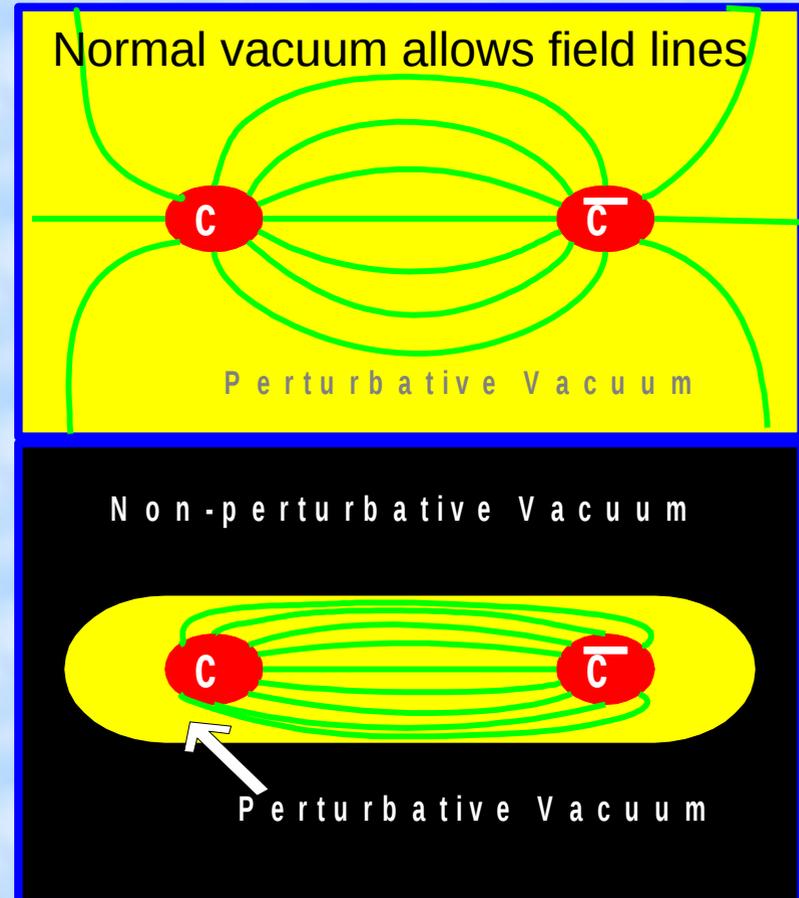
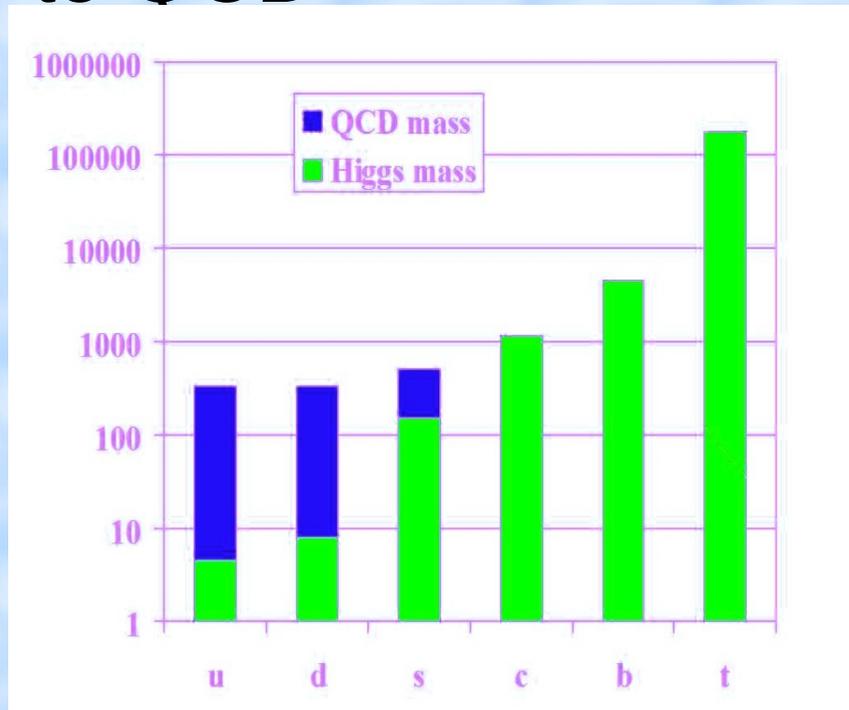
$$m_e c^2 = 0.511 \text{ MeV}$$

$$m_N c^2 = 0.940 \text{ GeV}$$

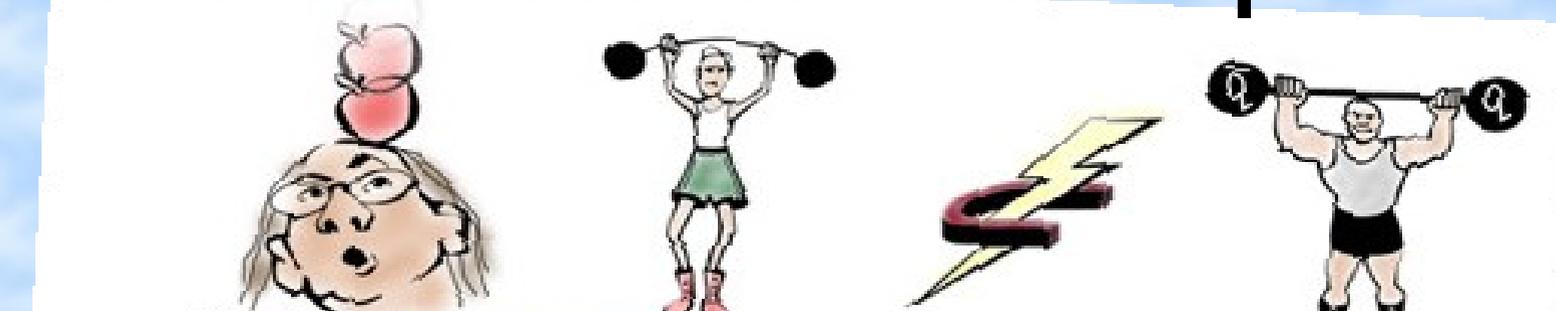
Units are G=giga, M=mega e=electron charge, V=Volt,

Quantum Chromo-Dynamics(QCD): Quark colour field lines confined

Most of the mass of visible matter is due to QCD -



More forces between matter particles



	Gravity	Weak (Electroweak)	Electromagnetic	Strong
Carried By	Graviton (not yet observed)	$W^+ W^- Z^0$	Photon	Gluon
Acts on	All	Quarks and Leptons	Quarks and Charged Leptons and $W^+ W^-$	Quarks and Gluons

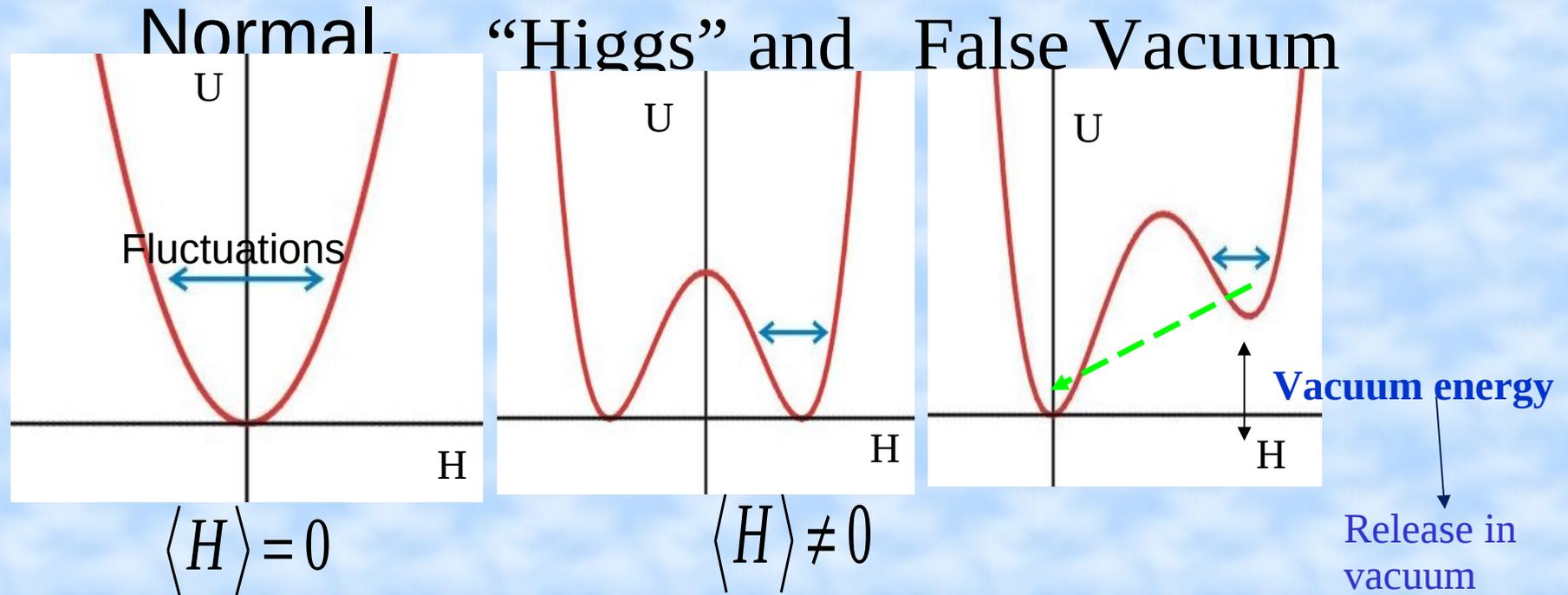
Gravity is an effective force which we do not understand, **conflict with quantum physics**

'Higgs' vacuum structure breaks the electro-weak symmetry: W,Z turn very massive, weak interactions.

Quantum Chromo-Dynamics (QCD): theory of strong interactions with a confining dynamical vacuum structure

QCD: a world in which "photons" have a "color magnetic moment": vacuum consists of a ferromagnetic alignment of glue fluctuations

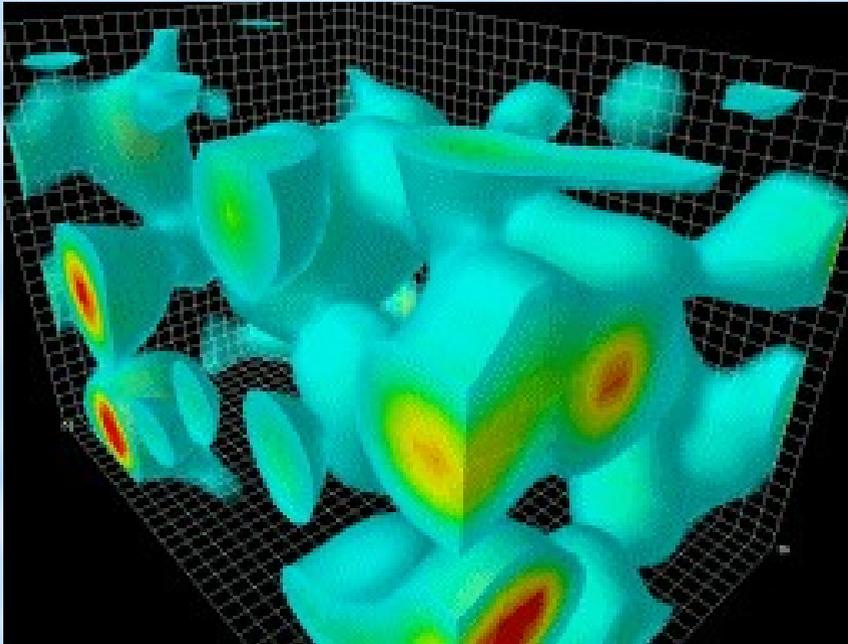
The Higgs vacuum and symmetry breaking



Release in vacuum decay

Higgs field in the vacuum makes weak interactions weak and 2nd and 3rd particle generation heavy

Color confinement due to gluon fluctuations



- QCD induces chromo-electric and chromo-magnetic fields throughout space-time – the vacuum is in its lowest energy state, yet it is strongly structured. Fields must vanish exactly everywhere $\langle H \rangle = 0$
- This is an actual computation of the four-d (time +3-dimensions) structure of the gluon-field configuration. The volume of the box is 2.4 by 2.4 by 3.6 fm, big enough to hold a couple of protons.
- Derek B. Leinweber's group (U Adelaide)

Numerical Method used: **Square of fields does not average out: “condensates**
lattice in space time

$$\langle \bar{q}q \rangle = (235 \text{ MeV})^3, \left\langle \frac{\alpha_s}{\pi} G_{\mu\nu} G^{\mu\nu} \right\rangle = (335 \text{ MeV})^4$$

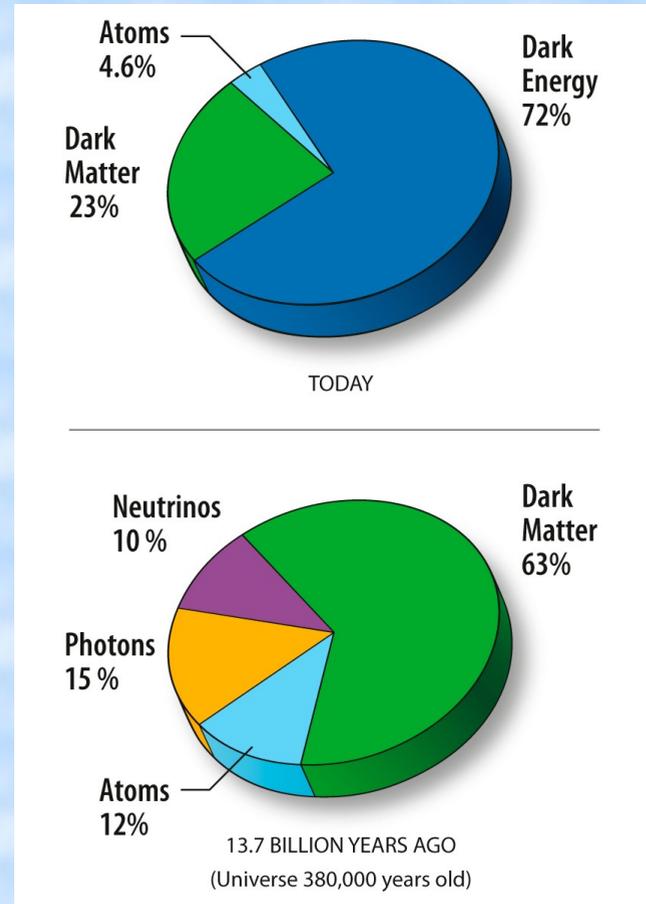
Do we live in False vacuum?

“We conclude that there are no credible mechanisms for catastrophic scenarios (with heavy ion collisions at RHIC)” (Jaffe, R.L., Busza, W., Sandweiss, J., and Wilczek, F, 2000, *Rev. Mod. Phys.* 72, 1125-1140)

Do we live in False vacuum?

Dark Energy: (unlike dark matter) a property of the vacuum indicating we are not in ground state in the Universe (could be the case near to matter).

Can we really proceed to plan experiments and to travel back in time to the beginning of the Universe.



We do.

PREPARED FOR SUBMISSION TO JCAP

Dynamical Emergence of the Universe into the False Vacuum

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Abstract. We study how the hot Universe evolves and acquires the prevailing vacuum state, demonstrating that in specific conditions which are believed to apply, the Universe becomes frozen into the state with the smallest value of Higgs vacuum field $v = \langle h \rangle$, even if this is not the state of lowest energy. This supports the false vacuum dark energy Λ -model. Under several likely hypotheses we determine the temperature in the evolution of the Universe at which two vacua v_1, v_2 can swap between being true and false. We evaluate the dynamical surface pressure on domain walls between low and high mass vacua due to the presence of matter and show that the low mass state remains the preferred vacuum of the Universe.

1 Introduction

This work presents relatively simple arguments for why the cosmological evolution selects the vacuum with smallest Higgs VEV $v = \langle h \rangle$ which, in general, could be and likely is the ‘false’ vacuum. Our argument relies on the Standard Model (SM) *minimal coupling*: $m \rightarrow gh$, or similar generalizations in ‘beyond’ SM (BSM), so that the vacuum with the smallest Higgs VEV also has the smallest particle masses. In anticipation of the model with multiple vacua, we call the vacuum state with lowest free energy at temperature T ‘the true vacuum’ and all others ‘the false vacua’. Note that this is a temperature dependent statement: we live today in the false vacuum which as we will show was once the true vacuum.

In the presence of pairs of particles and antiparticles at high temperature the vacuum state with smallest v is energetically preferred, even if it has a large vacuum energy. This is so because smaller v implies smaller particle masses and hence less energy, and free energy, in the particle distributions. By the time the Universe cools sufficiently for the larger vacuum energy to dominate the smaller particle free energies, the probability of swap to the large mass true vacuum is vanishingly small in general.

Therefore, the Higgs minimum with the lowest value of the Higgs field v , and thus *not necessarily* the lowest value of the effective potential $W(v) = \langle V(h) \rangle$, emerges as the prevalent vacuum in our Universe. The difference, $\rho_\Lambda = \Delta W$, between the prevalent vacuum state today and the true minimum is a natural candidate to explain the observed dark energy density,

$$\rho_\Lambda = 25.6 \text{ meV}^4. \quad (1.1)$$

How was matter created?

Matter emerges from quark-gluon plasma

After the Big-Bang the “vacuum” was **different** till about at $30 \mu\text{s}$ – expansion cooled the temperature T to a value at which vacuum changed and our matter “froze out”. At that time the density of matter was about $\sim 10^{16} \text{ gm / cm}^3$ (energy density $\sim 10 \text{ GeV / fm}^3$, well above that of the center of neutron stars, that is ~ 60 times nuclear energy density), and temperature was $T \sim 160 \text{ MeV}$, that is $\sim 2 \times 10^{12} \text{ K}$.

