

The Adiabatic Approximation

An important situation in quantum mechanics is that of a Hamiltonian that changes "slowly" in time.

We have encountered this in the context of molecular dynamics,

where we argued that the

nuclear motion in a diatomic

molecule was so much slower

than the electronic motion,

that it was a good approximation

to "freeze" the nuclear motion

when solving the electronic

motion, then use the

solution of the electronic [2
● problem as the input to solve
the slower motion of the nuclei.

This adiabatic approximation
is known, in the context of
molecular dynamics, as the
Born-Oppenheimer approximation.

● The applications of the
adiabatic approximation are
sufficiently broad that we
will study it as a general
problem on its own.

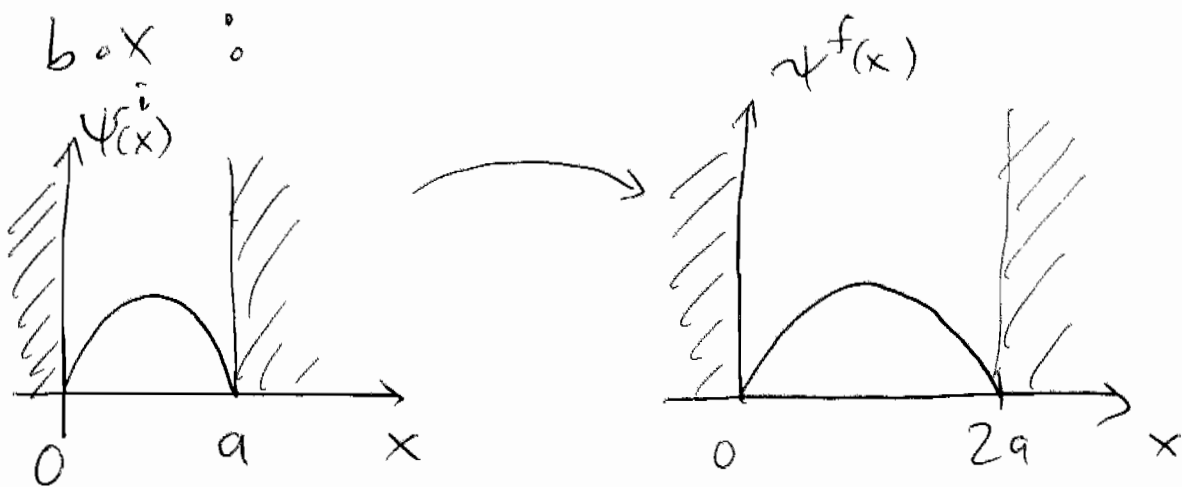
1) The Adiabatic theorem

● Consider a Hamiltonian $H(t)$ that
varies slowly with time s.t.
 $H(0) = H_i$ and $H(T) = H_f$.

(For simplicity, assume that \mathcal{H} the spectrum is discrete.)

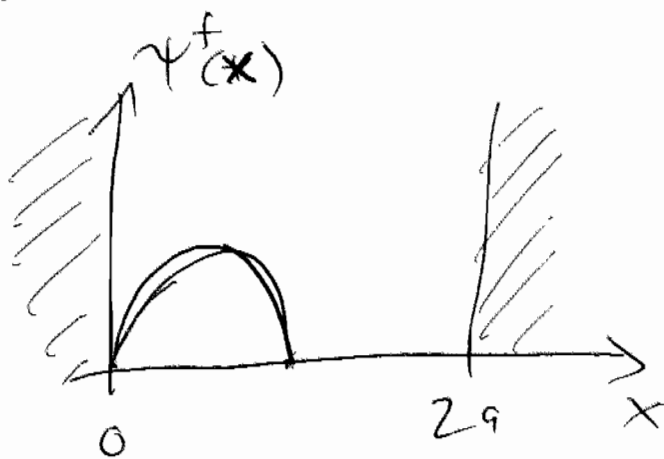
Then if the system is in the n th eigenstate of H_i at $t=0$, it will evolve (according to Schrödinger's equation) into the n th eigenstate of H_f at $t=T$.

Example Consider a particle in the ground state of a one-dimens. box:



If the right wall of the box is slowly moved outward from $x=a$ at $t=0$ to $x=2a$ at a later time $t=T$, then the wavefunction will be the ground state of the larger box. Energy is not conserved; the particle does work on the wall as it moves outward.

If, instead, the wall is suddenly moved to $x=2a$, the wavefunction would be:

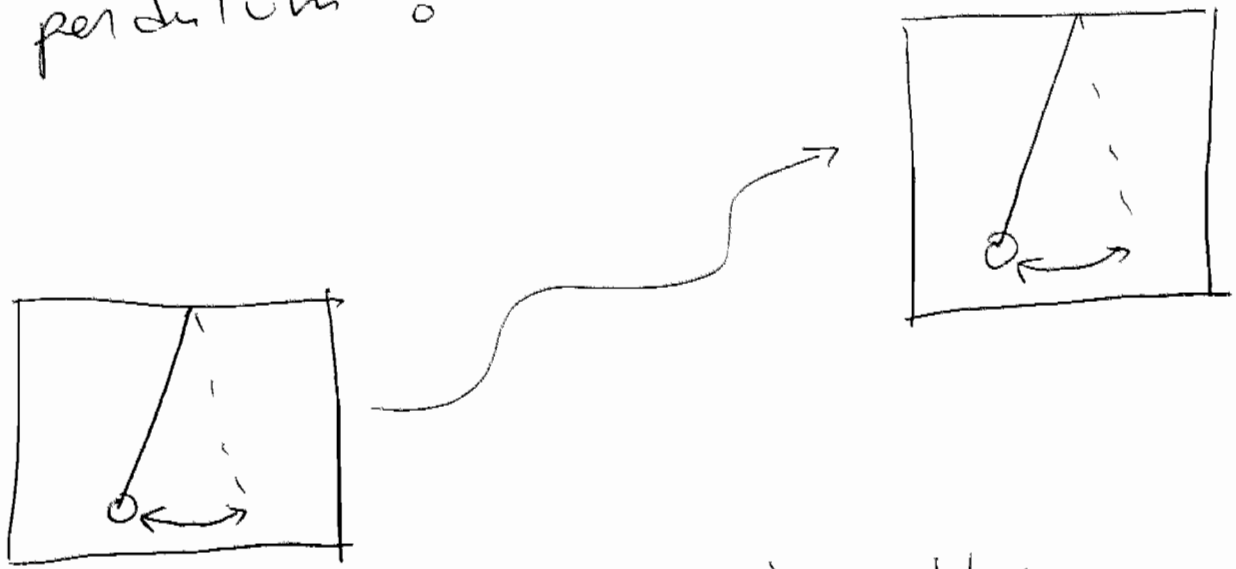


$$\psi(x, t=0^+) = \psi(x, t=0^-)$$

Sudden approx.

\Rightarrow Continuity

The proof of the adiabatic theorem is subtle. In fact, it is essentially a classical effect. A typical classical example is a slowly perturbed pendulum:



If the box containing the pendulum is moved about rapidly, the pendulum will fluctuate chaotically. However, if the box is moved slowly,

the amplitude of the oscillation ϕ will be unaffected. In classical mechanics, the action

$S = \int p dq$ is an adiabatic invariant (see any advanced text on classical mechanics).

In QM, the action is

quantized $S = nh + \text{const.}$,

so the classical invariance of the action implies that the quantum # is unchanged by an adiabatic process.

A slightly simpler classical example is a harmonic oscillator with a slowly-varying spring constant.

$$m \ddot{x} = -k(t) x$$

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$$\text{or } \ddot{x} = -\omega(t)^2 x, \quad \omega(t) = \sqrt{\frac{k(t)}{m}}$$

$$E(t) = \frac{m \dot{x}^2}{2} + \frac{m \omega(t)^2 x^2}{2}$$

$$\frac{dE}{dt} = m \dot{x} \ddot{x} + m \omega^2(t) x \dot{x} + m \omega \dot{\omega} x^2$$

$$= m \dot{x} \left(\dot{x} + \omega^2(t) x \right) + m \omega \dot{\omega} x^2$$

An approximate solution is

$$x(t) = A(t) \cos(\omega(t)t + \delta(t)),$$

where $A(t)$, $\omega(t)$, and $\delta(t)$ vary slowly.

$$\bar{E} \approx \frac{m \omega^2 A^2 \sin^2(\omega t + \delta)}{2} + \frac{m \omega^2 A^2 \cos^2(\omega t + \delta)}{2}$$

$$= \frac{m \omega^2 A^2}{2}$$

(average over one period)

$$\bullet \frac{dE}{dt} = m\omega \dot{x}^2 = m\omega \frac{\dot{x}^2 A^2}{2}$$

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$$\frac{\overline{\dot{E}}}{\overline{E}} = \frac{\dot{\omega}}{\omega}$$

Now $S = \oint p dx = \oint m \dot{x} dx$

$$\bullet = m \int_0^{2\pi/\omega} \dot{x}^2 dt = \frac{m\omega^2 A^2}{2} \frac{2\pi}{\omega}$$

$$= \frac{2\pi \overline{E}}{\omega}$$

$$s.o. \frac{\dot{S}}{2\pi} = \frac{\dot{E}}{\omega} - \frac{\overline{E} \dot{\omega}}{\omega^2} = \frac{\overline{E}}{\omega} \left(\frac{\dot{E}}{\overline{E}} - \frac{\dot{\omega}}{\omega} \right)$$

$$\bullet \frac{dS}{dt} \approx 0$$

$\Rightarrow S$ is an adiabatic invariant.

Combining this classical result

- with the Q.M. formula

$$E = \hbar\omega\left(n + \frac{1}{2}\right), \quad \text{we get}$$

$$2\pi \frac{E}{\omega} = \hbar\left(n + \frac{1}{2}\right) \simeq \text{const.},$$

i.e., the quantum # n is

- conserved if ω varies slowly,

i.e., if $\frac{\dot{\omega}}{\omega^2} \ll 1$.

2) General Proof of the Adiabatic Theorem

$$i\hbar \frac{\partial \Psi}{\partial t} = H(t) \Psi(t)$$

The eigenfunctions and eigenvalues of

H are now time dependent:

$$H(t) \Psi_n(t) = E_n(t) \Psi_n(t)$$

The states $\psi_n(t)$ are not solutions of the time-dep.

Schrödinger equation, but they do form a complete orthonormal basis in which to expand such a solution. Let us

write

$$\psi(t) = \sum_n c_n(t) e^{i\theta_n(t)} \psi_n(t),$$

where

$$\theta_n(t) = -\frac{1}{\hbar} \int_0^t E_n(t') dt'$$

generalizes the usual time dependence to the case $E_n(t) \neq \text{const.}$

Inserting $\psi(t)$ into the Schrödinger equation yields

$$i\hbar \sum_n \left[\dot{c}_n \psi_n + c_n \dot{\psi}_n + i c_n \psi_n \dot{\theta}_n \right] e^{i\theta_n} \quad (11)$$

$$= \sum_n c_n (H \psi_n) e^{i\theta_n}$$

However $\dot{\theta}_n = -\frac{E_n(t)}{\hbar}$ so \nearrow ,

which leaves

$$\sum_n \dot{c}_n \psi_n e^{i\theta_n} = - \sum_n c_n \dot{\psi}_n e^{i\theta_n}$$

Taking the inner product with $\psi_m(t)$ gives

$$\dot{c}_m e^{i\theta_m} = - \sum_n c_n \langle \psi_m | \dot{\psi}_n \rangle e^{i\theta_n}$$

or

$$\dot{c}_m(t) = - \sum_n c_n \langle \psi_m | \dot{\psi}_n \rangle e^{i(\theta_n - \theta_m)}$$

But differentiating the eigenvalue equation gives (12)

$$\dot{H} \psi_n + H \dot{\psi}_n = \dot{E}_n \psi_n + E_n \dot{\psi}_n$$

$$\langle \psi_m | \dot{H} | \psi_n \rangle + \langle \psi_m | H | \dot{\psi}_n \rangle = \dot{E}_n \delta_{nm} + E_n \langle \psi_m | \dot{\psi}_n \rangle$$

$$\langle \psi_m | \dot{H} | \psi_n \rangle + E_m \langle \psi_m | \dot{\psi}_n \rangle = \dot{E}_n \delta_{nm} + E_n \langle \psi_m | \dot{\psi}_n \rangle$$

or
$$\langle \psi_m | \dot{H} | \psi_n \rangle = (E_n - E_m) \langle \psi_m | \dot{\psi}_n \rangle + \dot{E}_n \delta_{nm}$$

$$\Rightarrow \dot{C}_m(t) = -C_m \langle \psi_m | \dot{\psi}_m \rangle - \sum_{n \neq m} C_n \frac{\langle \psi_m | \dot{H} | \psi_n \rangle}{E_n - E_m} e^{i(E_n - E_m)t}$$

This result is exact. The adiabatic approx. consists in dropping the term involving \dot{H} :

$$\dot{C}_m(t) \approx -C_m \langle \psi_m | \dot{\psi}_m \rangle$$

The solution is

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$$C_m(t) = C_m(0) e^{i\gamma_m(t)},$$

where

$$\gamma_m(t) \equiv i \int_0^t \langle \psi_m(t') | \frac{\partial}{\partial t} \psi_m(t') \rangle dt'$$

(Notice that γ_m is real since

$$\begin{aligned} \frac{d}{dt} \langle \psi_m | \psi_m \rangle &= \langle \dot{\psi}_m | \psi_m \rangle + \langle \psi_m | \dot{\psi}_m \rangle \\ &= 2 \operatorname{Re} \langle \psi_m | \dot{\psi}_m \rangle = 0 \end{aligned}.$$

In particular, if the system starts out in a particular eigenstate ψ_n , i.e., $C_m(0) = \delta_{nm}$, then

$$\psi(t) = e^{i\theta_n(t)} e^{i\gamma_n(t)} \psi_n(t).$$

The system remains in the $\lfloor 14$
nth eigenstate, picking up
only the multiplicative
phase factors.