

Addition of angular momenta

Consider two spin- $1/2$ particles, say the proton and neutron inside a deuteron. What can we say about the total angular momentum, assuming the orbital angular momentum is zero?

Let \vec{S}_1 and \vec{S}_2 be the spin operators for the two particles. $[\vec{S}_1, \vec{S}_2] = 0$ since they refer to different particles.

Since there are two linearly independent states for each spin, there are four linearly indep. states for two spins. Choosing the z -axis as the axis of quantization, we can write these states as

$$(1) \quad |\uparrow\uparrow\rangle, |\uparrow\downarrow\rangle, |\downarrow\uparrow\rangle, |\downarrow\downarrow\rangle$$

where the first symbol refers to the eigenvalue of S_{1z} and the second to the eigenvalue of S_{2z} .

The total spin angular momentum of the two particles is

$$\vec{S} = \vec{S}_1 + \vec{S}_2.$$

\vec{S} obeys canonical commutation

relations for angular momentum: $\boxed{3}$

$$[S_x, S_y] = [S_{1x} + S_{2x}, S_{1y} + S_{2y}]$$

$$= [S_{1x}, S_{1y}] + [S_{2x}, S_{2y}]$$

$$= i\hbar (S_{1z} + S_{2z}) = i\hbar S_z,$$

etc. Thus the eigenstates of \vec{S} may be chosen as follows:

$$\vec{S}^2 |s, m\rangle = \hbar^2 s(s+1) |s, m\rangle$$

$$S_z |s, m\rangle = \hbar m |s, m\rangle$$

$$S_{\pm} |s, m\rangle = \hbar \sqrt{s(s+1) - m(m \pm 1)} |s, m \pm 1\rangle$$

with $-s \leq m \leq s$. ($2s+1$ values)

s may be an integer or half-odd integer. The allowed values of

m differ by integers.

14

The basis states (1) are eigenstates of S_z :

$$S_z |\uparrow\uparrow\rangle = \left(\frac{\hbar}{2} + \frac{\hbar}{2}\right) |\uparrow\uparrow\rangle = \hbar |\uparrow\uparrow\rangle$$

$$S_z |\uparrow\downarrow\rangle = \left(\frac{\hbar}{2} - \frac{\hbar}{2}\right) |\uparrow\downarrow\rangle = 0$$

$$S_z |\downarrow\uparrow\rangle = \left(-\frac{\hbar}{2} + \frac{\hbar}{2}\right) |\downarrow\uparrow\rangle = 0$$

$$S_z |\downarrow\downarrow\rangle = \left(-\frac{\hbar}{2} - \frac{\hbar}{2}\right) |\downarrow\downarrow\rangle = -\hbar |\downarrow\downarrow\rangle$$

The eigenvalues of S_z for the system of two particles are clearly 0 and $\pm\hbar$. We expect then to find a triplet of states with $S_z = -\hbar, 0, +\hbar$, corresponding

to $S=1$ and a singlet with $S_z=0$, corresponding to $S=0$.

The state $|\uparrow\uparrow\rangle$ cannot have $S=0$, therefore it must have

$S=1$, i.e.,

$$\vec{S}^2 |\uparrow\uparrow\rangle = \hbar^2 S(S+1) |\uparrow\uparrow\rangle = 2\hbar^2 |\uparrow\uparrow\rangle.$$

To prove this, note that

$$\begin{aligned}\vec{S}^2 &= (\vec{S}_1 + \vec{S}_2)^2 = \vec{S}_1^2 + \vec{S}_2^2 + 2\vec{S}_1 \cdot \vec{S}_2 \\ &= \frac{3}{2}\hbar^2 + 2S_{1z}S_{2z} + S_{1+}S_{2-} + S_{1-}S_{2+},\end{aligned}$$

$$\text{where } S_{1\pm} = S_{1x} \pm iS_{1y},$$

$$S_{2\pm} = S_{2x} \pm iS_{2y}.$$

$$\Rightarrow \vec{S}^2 |\uparrow\uparrow\rangle = \left(\frac{3}{2}\hbar^2 + 2\frac{\hbar^2}{4} \right) |\uparrow\uparrow\rangle = 2\hbar^2 |\uparrow\uparrow\rangle.$$

since the terms involving S_{1+} or S_{2+} give zero.

6

By the same argument, the state $|\downarrow\downarrow\rangle$ is also a state with $S=1$. To construct the state with $S=1, m=0$, we can act upon $|\uparrow\uparrow\rangle$ with S_- :

$$S_- |\uparrow\uparrow\rangle = S_- |1, 1\rangle = \hbar\sqrt{2-1\cdot 0} |1, 0\rangle \\ = \hbar\sqrt{2} |1, 0\rangle$$

But $S_- = S_{1-} + S_{2-}$, so

$$S_- |\uparrow\uparrow\rangle = S_{1-} |\uparrow\uparrow\rangle + S_{2-} |\uparrow\uparrow\rangle \\ = \hbar |\downarrow\uparrow\rangle + \hbar |\uparrow\downarrow\rangle$$

$$|1, 0\rangle = \frac{S_- |\uparrow\uparrow\rangle}{\hbar\sqrt{2}} = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$$

The state with $S=0, m=0$ must be orthogonal to $|1,0\rangle$, 7

So

$$|S=0, m=0\rangle = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle - |\downarrow\uparrow\rangle)$$

singlet

The three states with $S=1$ are

$$|S=1, m=1\rangle = |\uparrow\uparrow\rangle$$

$$|S=1, m=0\rangle = \frac{1}{\sqrt{2}} (|\uparrow\downarrow\rangle + |\downarrow\uparrow\rangle)$$

$$|S=1, m=-1\rangle = |\downarrow\downarrow\rangle$$

triplet

Two spin- $1/2$'s added together give total angular momentum $S=1$ or $S=0$. One can think

of the spins as being "parallel" in the $S=1$ state and "antiparallel" in the $S=0$ state: (8)

$$\vec{S}_1 \cdot \vec{S}_2 = \frac{1}{2} (\vec{S}^2 - \vec{S}_1^2 - \vec{S}_2^2) = \frac{1}{2} S^2 - \frac{3}{4} \hbar^2$$

$$\begin{aligned} \vec{S}_1 \cdot \vec{S}_2 |S=1, m\rangle &= \left(\frac{1}{2} 2\hbar^2 - \frac{3}{4} \hbar^2 \right) |S=1, m\rangle \\ &= \frac{1}{4} \hbar^2 |S=1, m\rangle \end{aligned}$$

$$\vec{S}_1 \cdot \vec{S}_2 |S=0, m=0\rangle = -\frac{3}{4} \hbar^2 |S=0, m=0\rangle$$

Note that the singlet spin wavefunction is antisymmetric under interchange of particles, while the three triplet spin wavefunctions are symmetric under interchange of particles.