

# The harmonic oscillator revisited: operator method

$$\hat{H} = \frac{\hat{P}_x^2}{2m} + \frac{1}{2} m\omega^2 \hat{x}^2$$

Dimensionless variables:

$$\hat{\xi} = \sqrt{\frac{m\omega}{\hbar}} \hat{x}, \quad \hat{\pi} = \frac{1}{i} \frac{d}{d\xi} = \frac{\hat{P}_x}{\sqrt{\hbar m\omega}}$$

$$\hat{H} = \frac{\hbar\omega}{2} (\hat{\pi}^2 + \hat{\xi}^2)$$

If  $\hat{\pi}$  and  $\hat{\xi}$  were numbers,  
not operators, we could

factorize

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$$\pi^2 + \xi^2 = (\xi - i\pi)(\xi + i\pi).$$

However, this is not true, because  $\hat{\pi}$  and  $\hat{\xi}$  do not commute

$$[\hat{\xi}, \hat{\pi}] = \sqrt{\frac{m\omega}{\hbar}} \frac{1}{\sqrt{\hbar m\omega}} [\hat{x}, \hat{p}] = \frac{i\hbar}{\hbar} = i$$

$$\begin{aligned} (\hat{\xi} - i\hat{\pi})(\hat{\xi} + i\hat{\pi}) &= \hat{\pi}^2 + \hat{\xi}^2 + i[\hat{\xi}, \hat{\pi}] \\ &= \hat{\pi}^2 + \hat{\xi}^2 - 1 \end{aligned}$$

Thus

$$\hat{H} = \frac{\hbar\omega}{2} \left( (\hat{\xi} - i\hat{\pi})(\hat{\xi} + i\hat{\pi}) + 1 \right)$$

Define

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$$\hat{a} = \frac{\hat{x} + i\hat{p}}{\sqrt{2}} = \sqrt{\frac{m\omega}{2\hbar}} \hat{x} + \frac{i\hat{p}}{\sqrt{2m\hbar\omega}}$$

$$\hat{a}^\dagger = \frac{\hat{x} - i\hat{p}}{\sqrt{2}} = \sqrt{\frac{m\omega}{2\hbar}} \hat{x} - \frac{i\hat{p}}{\sqrt{2m\hbar\omega}}$$

Clearly,  $\hat{H} = \hbar\omega \left( \hat{a}^\dagger \hat{a} + \frac{1}{2} \right)$ .

Let's also define the operator

$\hat{N} = \hat{a}^\dagger \hat{a}$ . If  $\psi_n$  is an eigenfunction of  $\hat{N}$  with eigenvalue  $n$ ,

$$\hat{N} \psi_n = n \psi_n,$$

then

$$\hat{H} \psi_n = \hbar\omega \left( n + \frac{1}{2} \right) \psi_n$$

Notice that  $\hat{N}$  is hermitian.

$$\hat{N}^\dagger = (\hat{a}^\dagger \hat{a})^\dagger = \hat{a} (\hat{a}^\dagger)^\dagger = \hat{a}^\dagger \hat{a} = \hat{N}.$$

Thus the eigenvalues  $n$  must  
be real. Furthermore  $n \geq 0$  :

$$n = \langle \psi_n | \hat{N} | \psi_n \rangle = \langle \psi_n | \hat{a}^\dagger \hat{a} | \psi_n \rangle \\ = \langle \phi | \phi \rangle \geq 0,$$

where  $\phi = \hat{a} \psi_n$ .

To work out the eigenvalues  
of  $\hat{N}$ , we first need the  
commutator

$$[\hat{a}, \hat{a}^\dagger] = \frac{1}{2} [\hat{\xi} + i\hat{\pi}, \hat{\xi} - i\hat{\pi}] \\ = \frac{i}{2} \left( \underset{-i}{[\hat{\pi}, \hat{\xi}]} - \underset{i}{[\hat{\xi}, \hat{\pi}]} \right) = 1$$

$$[\hat{a}, \hat{a}^\dagger] = 1$$

Thus

$$\hat{N} \hat{a} = \hat{a}^\dagger \hat{a} \hat{a} = (\hat{a} \hat{a}^\dagger - 1) \hat{a} = \hat{a} (\hat{N} - 1)$$

$$\hat{N} \hat{a} \psi_n = \hat{a} (\hat{N} - 1) \psi_n = (n - 1) \hat{a} \psi_n.$$

Thus  $\hat{a} \psi_n$  is an eigenstate of  $\hat{N}$  with eigenvalue  $n - 1$ .

If  $\langle \psi_n | \psi_n \rangle = 1$ , then  $\hat{a} \psi_n$  has normalization

$$\langle \hat{a} \psi_n | \hat{a} \psi_n \rangle = \langle \psi_n | \hat{a}^\dagger \hat{a} | \psi_n \rangle = n$$

so that

$$\hat{a} \psi_n = \sqrt{n} \psi_{n-1} \quad (\text{up to a phase}).$$

Similarly,  $\hat{a}^2 \psi_n$  is an eigenfunction of  $\hat{N}$  with eigenvalue  $n - 2$ , and

$$\hat{a}^2 \psi_n = \hat{a} \sqrt{n} \psi_{n-1} = \sqrt{n(n-1)} \psi_{n-2} \quad \boxed{6}$$

Thus if  $n$  is an eigenvalue of  $\hat{N}$ , so are  $n-1, n-2, n-3, \dots$

But this sequence can't keep going indefinitely, because the eigenvalues of  $\hat{N}$  are non-negative.

There must be a lowest eigenfunction  $\psi_0$ ,

$$\hat{a} \psi_0 = 0.$$

This is the case if  $n$  is an integer! Then using

$$\hat{a} \psi_n = \sqrt{n} \psi_{n-1}, \quad \text{we get}$$

$$\hat{a} \psi_1 = \sqrt{1} \psi_0, \quad \hat{a} \psi_0 = 0.$$

Now let's consider the effect of the operator  $\hat{a}^+$ .

$$\begin{aligned}\hat{N} \hat{a}^+ &= \hat{a}^+ \hat{a} \hat{a}^+ = \hat{a}^+ (\hat{a}^+ \hat{a} + 1) \\ &= \hat{a}^+ (\hat{N} + 1).\end{aligned}$$

$$\hat{N} \hat{a}^+ \psi_n = \hat{a}^+ (\hat{N} + 1) \psi_n = (n+1) \hat{a}^+ \psi_n.$$

Thus  $\hat{a}^+ \psi_n$  is an eigenfunction of  $\hat{N}$  with eigenvalue  $n+1$ .

Thus  $n+1$  is also an eigenvalue.

$\hat{N}$  thus has eigenvalues

$$0, 1, 2, \dots, \infty.$$

# Terminology

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$\hat{a}$  is known as a lowering operator or annihilation

operator, because it lowers the energy of the system by one quantum  $h\nu$ .

$\hat{a}^\dagger$  is known as a raising operator or creation operator

because it creates an excitation quantum, raising

the energy of the system by  $h\nu$ .

## Normalization

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$$\begin{aligned}\langle \hat{a}^+ \psi_n | \hat{a}^+ \psi_n \rangle &= \langle \psi_n | \hat{a} \hat{a}^+ | \psi_n \rangle \\ &= \langle \psi_n | \hat{a}^+ \hat{a} + 1 | \psi_n \rangle \\ &= n + 1\end{aligned}$$

$$\Rightarrow \hat{a}^+ \psi_n = \sqrt{n+1} \psi_{n+1}$$

We can build up all of the eigenstates acting successively with  $\hat{a}^+$  on  $\psi_0$ :

$$\psi_1 = \hat{a}^+ \psi_0$$

$$\psi_2 = \frac{\hat{a}^+}{\sqrt{2}} \psi_1 = \frac{(\hat{a}^+)^2}{\sqrt{2}} \psi_0$$

$$\psi_3 = \frac{\hat{a}^+}{\sqrt{3}} \psi_2 = \frac{(\hat{a}^+)^3}{\sqrt{3!}} \psi_0$$

⋮

In general,

$$\psi_n = \frac{(\hat{a}^\dagger)^n}{\sqrt{n!}} \psi_0.$$

It should be emphasized that all of this follows from the operator algebra  $[\hat{a}, \hat{a}^\dagger] = 1$ .

Explicitly,

$$\hat{a} = \frac{1}{\sqrt{2}} (\hat{\xi} + i\hat{\pi}) = \frac{1}{\sqrt{2}} \left( \xi + \frac{d}{d\xi} \right)$$

$$\hat{a} \psi_0 = 0$$

$$\left( \xi + \frac{d}{d\xi} \right) \psi_0(\xi) = 0$$

$$\frac{d\psi_0}{d\xi} = -\xi \psi_0$$

$$\frac{d\psi_0}{\psi_0} = -\xi d\xi$$

$$\ln \psi_0 = -\frac{\xi^2}{2} + C, \quad C = \ln A_0$$

$$\psi_0(\xi) = A_0 e^{-\xi^2/2}, \quad A_0 = \left(\frac{1}{\sqrt{\pi}}\right)^{1/2}$$

$$\psi_n(\xi) = \frac{1}{\sqrt{2^n n!}} \left(\xi - \frac{d}{d\xi}\right)^n \psi_0(\xi)$$

$$= \frac{1}{\sqrt{2^n n! \sqrt{\pi}}} \left(\xi - \frac{d}{d\xi}\right)^n e^{-\xi^2/2}$$

These are the same wavefunctions we obtained by solving Schrödinger's equation. This leads to an alternative formula for the Hermite polynomials

$$H_n(\xi) = e^{\xi^2/2} \left(\xi - \frac{d}{d\xi}\right)^n e^{-\xi^2/2}$$